



11TH INDERCOS

International Dermatology and Cosmetology Congress

16 - 19 April 2026

İSTANBUL

Radisson Blu Şişli Hotel
Türkiye

Geriatric Dermatology
and Cosmetology

PROGRAM

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16 - 19 April 2026 | Radisson Blu Şişli Hotel-İstanbul, Türkiye

ORGANIZING COMMITTEE

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16 April 2026, Thursday

WORKSHOP PROGRAM

This comprehensive educational workshop is designed to provide participants with up-to-date theoretical knowledge and hands-on insights into modern aesthetic dermatology practices. The program brings together experienced experts to share evidence-based approaches, advanced injection techniques, and combination treatment strategies.

10:00-10:45 Layered Mesotherapy Techniques

Ozan Yıldırım

Dr. Dmae (TEDD PHARMA)

10:45-11:30 Calcium Hydroxyapatite Applications in Aesthetic Dermatology

Nazlı Caf

Novuma (NUREDERM)

11:30-11:45 Coffee Break

11:45-12:30 Full-Face Filler Treatment: Facial Analysis, Planning, and Injection Techniques

Mustafa Tümtürk

ARTFILLER (FILLMED)

12:30-13:15 PDLA-Based Liquid Biostimulation Applications

Mustafa Tümtürk

Lenisna & Juvelook (FILLMED)

13:15-13:30 Coffee Break

13:30-14:15 Exosome-Based Regenerative Treatment Applications

Ozan Yıldırım

Puresomes Exosome (ERDAĞI MEDİKAL)

14:15-15:00 Botulinum Toxin Applications in Aesthetic Dermatology

Defne Özkoca

Dysport (GEN İLAÇ)

15:00-15:45 Full-Face Filler Treatment: Assessment, Planning, and Injection Strategy

Nazlı Caf

Juvederm (ALLERGAN AESTHETICS)

Program Highlights

- Evidence-based aesthetic treatment protocols
- Full-face assessment and holistic rejuvenation approaches
- Combination therapies and advanced injection techniques
- Practical tips for daily clinical practice



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17 April 2026, Friday

07:30-08:00 ORAL PRESENTATION - 1

Chairs: Habib Aktaş, Nazlı Caf, Mustafa Tümtürk

08:00-08:15 OPENING SPEECH

08:15-09:05 SESSION: INVESTIGATIVE DERMATOLOGY

Chairs: Tamer İrfan Kaya, Ayşın Köktürk, Ragıp Ertaş

Aging of the Immune System

Esra Pancar Yüksel

Xerosis cutis in elderly

Işıl Bulur

Sebaceous glands and eccrine gland functions in elderly

Nazlı Caf

Aging changes in hair and nails

Hande Arda

Skin Cancer Epidemics and risk factors in the Elderly;
What is the mechanism?

Serkan Yazici

Adaptogens in dermatology

Özge Zorlu

09:05-09:35 COFFEE BREAK

09:35-10:40 SESSION: PSYCHO-DERMATOLOGY

Chairs: Mohammad Jafferany, Belma Türsen

The Interface between Geriatrics, Psychiatry and
Dermatology

*Mohammad
Jafferany*

Doctor-Patient Relationship in Geriatric
Psychodermatology

Katlein França

Pharmacologic Management in Geriatric
Psychodermatology

Ayberk Aktaran

Tanorexia in elderly

Belma Türsen

Elder abuse in Dermatology

Melek Aslan Kayıran

EKBOM syndrome in the Elderly

Çağla Boyvadoğlu

Allergy and pruritus in the Elderly: A Behavioral Approach

Çağdaş Boyvadoğlu

Geriatric Psoriasis: Psychological Burden and Quality of
Life Implications

*İlayda Esna
Gürsunay*

10:40-11:10 COFFEE BREAK



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11:10-12:40 SESSION: RATIONAL DRUG USES SESSION

Chairs: Habib Aktaş, Mustafa Tunca

Psoriatic arthritis in elderly	<i>Aslı Altaykan Hapa</i>
Geriatric dermatologic comorbidities in psoriasis and atopic dermatitis	<i>Aylin Türel Ermertcan</i>
Pain associated geriatric dermatoses; How can we manage?	<i>Mustafa Tunca</i>
Prevention of sarcopenia/osteoporosis in dermatologic therapy	<i>Abdullah Demirbaş</i>
Rational biologics/small molecules selection for palmoplantar psoriasis in elderly	<i>Özge Akbulak</i>
Rational biologics/small molecules selection for scalp and nail psoriasis in elderly	<i>Gizem Pehlivan Ulutaş</i>
Geriatric pustular psoriasis; Best treatment options for dermatologist	<i>Asude Kara Polat</i>
Anti-IL17 and anti-TNF biologics for HS in elderly	<i>Ceyda Tetik Aydoğdu</i>
Surgical treatments of HS in elderly	<i>Aslı Tatlıparmak</i>
HS Tarda: What is problem?	<i>Neslihan Öğüt</i>

12:40-13:40 LUNCH

13:40-14:40 SESSION: DERMOSCOPY

Chairs: Ömer Faruk Elmas, Verce Todorovska, Ayşe Serap Karadağ, Serap Öztürkcan

Skin cancer dermoscopy in elderly	<i>Verce Todorovska</i>
Dermoscopy of precancerous skin lesions in elderly	<i>Tuğba Kevser Üstünbaş Uzunçakmak</i>
The importance of Dermoscopy in geriatric age	<i>Sopiko Liluashvili</i>
Dermoscopy in Monitoring and Predicting Therapeutic Response in geriatric skin diseases	<i>Tubanur Çetinarıslan</i>
Dermoscopy of mycosis fungoides in elderly	<i>Natalia Salwowska</i>
Recent advances in ultraviolet-induced fluorescence dermoscopy of skin neoplasms	<i>Pawel Pietkiewicz</i>

14:40-15:10 COFFEE BREAK



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17 April 2026, Friday

15:10-16:25 SESSION: WHAT IS NEW IN DERMATOLOGIC TREATMENTS - 1

Chairs: Ömer Kutlu, Suzanna Ljubojevic, İlkin Zindancı

Topical retinoid uses in geriatric patients *İlkin Zindancı*

Jak inhibitors in the geriatric population: Opportunities and challenges *Suzanna Ljubojevic*

Vitiligo in elderly *Ulugbek Sabirov*

Anti-IL23 uses in elderly *Özge Karstarlı*

Anti-IL23s and arthritis *Selen Taner Akbay*

Glucagon-like Peptide-1 in Dermatology *Betül Şereflican*

Supplements in Androgenetic Alopecia *Ömer Kutlu*

Mite and skin allergy *Sıla Kılıç Sayar*



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18 April 2026, Saturday

07:30-08:00 ORAL PRESENTATION - 2

Chairs: Erdinç Terzi, Esra Kıratlı Nalbant, Ceyda Tetik Aydoğdu

08:00-08:40 SESSION: WHAT IS NEW IN DERMATOLOGIC TREATMENTS - 2

Chairs: Leon Kircik, Rafet Koca, Belma Türsen

Biologics for allergic skin diseases in elderly *Leon Kircik*

Evaluating anti-IL17 safety and efficacy in geriatric dermatology *Leon Kircik*

Small molecules in geriatric psoriasis *Arzu Kılıç*

Antihistamine uses in geriatric allergy *Rafet Koca*

Alopecia areata: Gut and skin microbiome *Tea Rosovic*

08:40-09:30 COFFEE BREAK

09:30-10:30 DERMATO-ALLERGY - 1

Chairs: Kemal Özyurt, İrem Durusu

Allergic Contact Dermatitis: Challenging in elderly *Habib Aktaş*

Problems in allergic skin test and vaccinations in elderly *Cahit Yavuz*

Diagnostic approach to Pruritus in Geriatric Dermatology with cases *Tinatın Ghibradze*

Geriatric urticaria *Natasha Teovska Mitrevska*

Geriatric vasculitis *İrem Durusu*

Geriatric autoinflammatory diseases and itch *İrem Durusu*

10:30-11:00 COFFEE BREAK



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11:00-12:00 DERMATO-ALLERGY - 2

Chairs: Oktay Taşkıran, Ragıp Ertaş

Make up and cosmetic risks in elderly	Özlem Akın
Immunotherapy in elderly; Does it work?	Onur Gökalp
Anti-allergic diet; What is new in elderly?	Ragıp Ertaş
Anaphylaxis in elderly	Güzin Özden
Geriatric angioedema; How can we approach?	Oktay Taşkıran
Geriatric psycho and neuro dermatology	Tutku Bulut
Reactive and proactive treatments in geriatric atopic dermatitis	Hediye Eker

12:00-13:00 MEET THE EXPERT SESSION

Chairs: Ümit Türsen, Aslan Yürekli

In the Face of Rising Antifungal Resistance and Prevalence: New-Generation Antifungals and Evolving Standards of Care	Leon Kircik
Resistant superficial fungal diseases in elderly-What can we do?	Asja Prohic
Challenges from Diagnosis to Treatment in Superficial Fungal Infections: New-Generation Antifungals and Rational Therapeutic Approaches in the Era of Resistance	Aslan Yürekli

13:00-14:00 DERMATO-ALLERGY - 3

Chairs: Zafer Türkoğlu, Ayten Ferahbaş, Özlem Su Küçük

Dupilumab uses in geriatric atopic dermatitis	Zafer Türkoğlu
Geriatric atopic dermatitis vs pediatric atopic dermatitis	Ahmet Uğur Atılan
Poor oral health in skin allergies	Simin Ada
Omalizumab in geriatric ages	Özlem Su Küçük
Body modifications: Dermatological reactions and risks	Vesna Karanikolic
Ultraprocessed foods and skin diseases	Ralfi Singer
Anti-KIT and anti-TSLP monoclonal antibodies: Are they new hope?	Erhan Ersoy

14:00-14:30 COFFEE BREAK



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14:30-16:00 SESSION: GENERAL DERMATOLOGY

Chairs: Belma Türsen, Ivana Binic

Emergency contraception for patients taking isotretinoin	<i>Deniz Demirseren</i>
Geriatric acne and rosacea	<i>Jelena Stojkovic Filipovic</i>
Zona zoster infection: Problems for cosmetic procedures and skin diseases	<i>Bilal Doğan</i>
Geriatric melasma and hyperpigmentations	<i>Ivana Binic</i>
Zona sine herpete: What is new?	<i>Zoran Nedic</i>
Geriatric anogenital diseases	<i>Irina Smirnova</i>
Approaches to leg ulcers in elderly	<i>Tamer İrfan Kaya</i>
Approaches of autoimmune bullous diseases is elderly	<i>A. Razzaque Ahmed</i>
Dermoscopic analyses for scalp diseases in geriatric population	<i>Asmahane Souissi</i>

16:00-16:30 COFFEE BREAK

16:30-18:00 GERIATRIC SKIN MALIGNANCIES

Chairs: Amor Khachemoune, Burcu Bektaş, Berna Solak

Geriatric mycosis fungoides	<i>Berna Solak</i>
Dermatosurgery in elderly : Key clinical considerations and safety tips	<i>Amor Khachemoune</i>
Nail tumors in geriatrics	<i>Müge Göre Karaali</i>
Geriatric melanoma	<i>Ömer Faruk Elmas</i>
Rare and unusual skin malignancies in elderly	<i>Amor Khachemoune</i>
PseudoLymphoma in elderly	<i>Necmettin Akdeniz</i>
Merkel cell polyomavirus; Mortality risk and role in MCC	<i>Kenan Aydoğan</i>
The role of the dermatologists in melanoma follow up	<i>Burcu Bektaş</i>
Existing and emerging cellular therapies for melanoma	<i>Burcu Bektaş</i>
Dermatopathologic problems in geriatric skin cancers	<i>Yasemin Yuyucu Karabulut</i>



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07:30-08:00 ORAL PRESENTATION - 3

Chairs: Simin Ada, Ragıp Ertaş, İrem Doğan

08:00-09:30 AESTHETIC DERMATOLOGY/LOGEVITY SESSION - 1

Chairs: Belma Türsen, Defne Özkoca, Şule Güngör

Nanoemulgel in dermatology	<i>Defne Özkoca</i>
Anti-IL-11 antibody for anti-ageing	<i>Munise Daye</i>
Microtoxin strategy for facial aesthetic in elderly	<i>Ceyda Çaytemel</i>
Unlocking longevity/Biohacking in aesthetic dermatology	<i>Gözde Emel Gökçek</i>
The Science of Radiant Skin	<i>Demet Akpolat</i>
Green and blue spaces for skin health	<i>Bachar Memet</i>
Skin resilience: How can we obtain?	<i>Pelin Üstüner</i>
Proactive treatments for skin antiaging	<i>Aslı Feride Kaptanoğlu</i>
Lifestyle medicine in aesthetic dermatology	<i>Didem Kazan</i>
Filler exhaustion/Filler fatigue	<i>Şükran Sarıgül</i>

09:30-10:30 COFFEE BREAK

10:30-12:00 AESTHETIC DERMATOLOGY/LOGEVITY SESSION - 2

Chairs: George Kroumpouzou, Gizem Pınar Sun, Recep Dursun, Assel Markabaeva

Filler for hand rejuvenation	<i>George Kroumpouzou</i>
Menopause-related skin problems and EBDS	<i>George Kroumpouzou</i>
Botulinum toxins complications in elderly	<i>George Kroumpouzou</i>
Hybrid filler: Is it better?	<i>Gizem Pınar Sun</i>
Biologic lifting and Biofillers	<i>Gizem Pınar Sun</i>
Hair transplantation for elderly	<i>Assel Markabaeva</i>
Exosomes in skin diseases	<i>Belma Türsen</i>
Which type exosomes are better and safe for antiaging?	<i>Dilek Başaran</i>
Protein and collagen supplements in geriatric dermatology	<i>Ozan Yıldırım</i>
UV Light: More than ever known	<i>Kansu Büyükaşar</i>

12:00-13:00 LUNCH



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13:00-15:00 AESTHETIC DERMATOLOGY/LOGEVITY SESSION - 3

Chairs: Kansu Büyükaşar , Atula Gupta, Dinara Rysbekova, Habib Aktaş

Polynucleotides in skin care: Regeneration for enhanced skin health and anti-aging in elderly *Atula Gupta*

HIFU and RF solutions in geriatric aesthetic dermatology *Atula Gupta*

Topical brimonidine combination treatments in dermatology *Atula Gupta*

Which cosmetic procedures are contraindicated in patients with CTDs and autoimmune diseases *Habib Aktaş*

Ethics in aesthetic dermatology: Social media, product selling, photograph, parental or individual consent *Mustafa Tümtürk*

NAD plus metformin combination: Is it longevity prescription? *Selami Aykut Temiz*

Blood aging markers for longevity (Methylation ratio etc) *İrem Doğan*

Estrogen, testosterone, vitamin, mineral, antioxidant and probiotics supplement for longevity *Dinara Rysbekova*

Mitochondria transplantation: Is it possible for longevity? *Kansu Büyükaşar*

Therapeutic apheresis for longevity: A promising method to remove microplastics? *Hediye Eker*

Moisturizer plus uses for geriatric longevity *Dilay Baştuğ*

15:00-15:40 CLOSING LECTURES AND SPEECHES

Chairs: Roxanna Sadoughifar, Belma Türsen, Torello Lotti, Mithad Abdelmalek

Female Pattern Hair Loss: What We Know, What We Overuse, What We Should Stop *Roxanna Sadoughifar*

History of Dermatology *Torello Lotti*

History of Geriatric Dermatology *Mustafa Tosun*

The Exosome Effect *Mithad Abdelmalek*



Organization Secretariat



FIGÜR CONGRESS & ORGANIZATION

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