



10TH INDERCOS

International Dermatology and Cosmetology Congress

17 - 20 April 2025

İSTANBUL

**Radisson Blu Şişli Hotel
Türkiye**

**Allergy and
Cosmetology
in Dermatology**

PROGRAM

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Courses Chair Zafer Türkoğlu

17 April 2025, Thursday
INJECTION CAMP



Botulinum Toxin Filler Applications PRP (Platelet-Rich Plasma) Mesotherapy Thread Lifting

Instructors:
Mustafa Tümtürk
Nazlı Caf
Natalia Kruk
Yavuz Tezcan
Defne Özkoca
Ozan Yıldırım

Mesotherapy: Ozan Yıldırım

Time: 09.30

Learning Objectives

Explain the principles behind the procedure and how it works
Identify the indications and contraindications for mesotherapy
Discuss the benefits and limitations of mesotherapy compared to other treatments
Familiarize participants with common mesotherapy solutions (e.g., vitamins, amino acids, peptides, hyaluronic acid, and pharmaceutical agents).
Understand how to select appropriate ingredients based on patient needs.
Demonstrate the proper techniques for mesotherapy injection, including:
Depth and angle of injections.
Use of various devices (manual syringes, mesotherapy guns, micro-needling pens)

10.30-10.45 **Coffee Break**

Botulinum Toxin: Nazlı Caf, Defne Özkoca

Time: 10.45

Learning Objectives

Identify the right patient, address the appropriate indication, discuss the expectation from the procedure as well as provide the basic anatomical information necessary for the treatment.
Perfect the technique from the beginning (syringes and needles, points of injection, how to make the injection as painless as possible) until the end (after-treatment movements advice, beneficial effects, frequency of the injections). Recognize common pitfalls and how to avoid complications

12.00-13.00 **Lunch Break**

AESTHETIC THREAD SUSPENSION APPLICATION: Mustafa Tümtürk

Time: 13.00

Learning Objectives

Proper patient selection and cosmetic examination
Preparation and application of tumescent and local anesthesia
Establishment of a sterile environment
Identification and marking of entry points
Correction of midface deformities, jaw fat pad deformity, and nasolabial groove with threads
French thread lift
Eyebrow lifting, Almond eye aesthetics, Bella eyes, cat eye with thread lifting
Nose lifting with thread lifting
Neck lifting with threads

14.00-14.15 **Coffee Break**

Soft Tissue Augmentation - A Focus on Safe Practices-Upper Face

Approach Filler: Yavuz Tezcan, Nazlı Caf

Time: 14.15-15:15

Learning Objectives

This course will cover proper practices in filler injections that will highlight optimization of results and upholding safe injection techniques.
There will be an essential introductory discussion of clinical anatomy and danger zones, information is presented on the various available dermal fillers and injection techniques.
The use of dermal fillers for facial aesthetics and procedures in other parts of the body is then considered in detail.

15:15-15:30 **Coffee Break**

Soft Tissue Augmentation - A Focus on Safe Practices- Full Face

Approach Filler: Natalia Kruk, Mustafa Tümtürk

Time: 15.30-16:30

Learning Objectives

This course will cover proper practices in filler injections that will highlight optimization of results and upholding safe injection techniques.
There will be an essential introductory discussion of clinical anatomy and danger zones, information is presented on the various available dermal fillers and injection techniques.
The use of dermal fillers for facial aesthetics and procedures in other parts of the body is then considered in detail.



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18 April 2025, Friday

07:00-08:00 ORAL PRESENTATION - 1

Chairs: Erdinç Terzi, Habib Aktaş, Özge Karstarlı

OP-20, OP-02, OP-03, OP-04, OP-05, OP-06, OP-07, OP-08, OP-09, OP-21, OP-22,
OP-34, OP-35, OP-36

08:00-08:15 OPENING SPEECH

Belma Türsen

08:15-09:15 Session: Investigative Dermatology

Chairs: Tamer İrfan Kaya, Ayşın Köktürk, Engin Şenel

Tfh and Bfh cells in dermatology	Özgür Gündüz
Molecular characterizations of xerosis cutis	İşıl Bulur
New nanocarrier topicals in dermatology	Zeynep Altan Ferhatoğlu
Acid mantle of skin; What we need to know?	Tahsin Çağdaş Akaslan
Pesticide/Insecticides associated skin diseases	Deniz Demirseren
Timic stromal lymphopoietin in allergy	Hande Arda
Scarring dermatoses and skin cancer association; What is the mechanism?	Serkan Yazıcı

09:15-09:45 COFFEE BREAK

09:45-11:05 Session: Psycho-Dermatology

Chairs: İlnur Kıvanç Altunay, Mohammad Jafferany, Belma Türsen, Katlein Franca

Psychodermatology in allergic diseases	Katlein Franca
Exhaustion-burnout-fatigue in dermatology	İlnur Altunay
Antihistaminics, pruritus and insomnia	Mohammad Jafferany
Suicide risk in dermatologic treatments	Asude Kara Polat
The most important psychophysiologic disorders	Gül Şekerlisoy Tatar
How to deal with an aggressive dermatology patient?	Hilal Kaya Erdoğan
Bullying in patients with skin disease	Vildan Manav
Onychophagia and trichotillomania. Whats new?	Sibel Mercan
Insomnia as a side effect of dermatologic treatment	Ayberk Aktaran
Is cosmetic use a substance use disorder?	İlayda Esna Gülsunay

11:05-11:35 COFFEE BREAK



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11:35-13:20 Session: Rational Drug Uses Session

Chairs: Emel Bülbül Başkan, Zafer Türkoğlu, Monika Fida

Preventing spondyloarthritis

Emel Bülbül Başkan

Strong bidirectional relationships in dermatologic comorbidities

Aylin Türel Ermertcan

Higher hospitalization risks in dermatology

Zeynep Topkarcı

Pain associated dermatoses; How can we manage?

Mustafa Tunca

Prevention of weight gain in dermatologic therapy

Şirin Yaşar

Rational biologics/small molecules selection for palmoplantar psoriasis

Özge Akbulak

Rational biologics/small molecules selection for scalp and nail psoriasis

Gizem Pehlivan Ulutaş

Pustular psoriasis; Best treatment options for dermatologist

Asude Kara Polat

Anti-IL17 and small molecules for HS

Monika Fida

Non-surgical treatment of hidradenitis suppurativa

Laura Atzori

Surgical treatments of HS

Aslı Tatlıparmak

Cosmetic and aesthetic dermatology procedures for HS

Selami Aykut Temiz

Cardiovascular risks in allergic and inflammatory skin diseases

Rafle Fernandez

13:20-14:20 LUNCH and SATELLITE SYMPOSIUM

Effective Protection Against Shingles: Recombinant Innovative Shingles Vaccine

Moderator: Ümit Türsen

Speakers: Gülden Ersöz, Bilal Doğan

GSK



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14:20-16:35 Session: What is New in Dermatologic Treatments - 1

Chairs: Leon Kircik, Ayşenur Botsalı, Katlein Franca, Belma Türsen

Biologics for allergic skin diseases: Which one is good? *Leon Kircik*

Evaluation of the use of anti-IL-17A/F blockers in dermatology *Leon Kircik*

FDA/EMA approved biologics in pediatric psoriasis *Arzu Kılıç*

H4 inhibitors; A new hope in allergy? *Nagihan Sahillioğlu*

Topical retinoids in dermatology: What's new? *Ayşenur Botsalı*

Phosphodiesterase inhibitors in dermatology *Leon Kircik*

Jakinib in Dermatology *Suzanna Ljubojevic*

mTOR inhibitors in dermatology *Eda Tiftikçi*

Current Jak inhibitors in alopecia areata *Tea Rosovic*

The role of anti-OX40 pathway in the pathogenesis of allergy *Elif Yıldırım*

Use of anti-IL17 therapies in psoriasis *Neslihan Ögüt*

Use of anti-IL23 therapies in psoriasis *Özge Karstarlı*

Biologics for erythrodermic psoriasis *Laura Atzori*

Improving quality of life in dermatologic treatments for atopic dermatitis *Katlein Franca*

17:15-18:15 Session: What is New in Dermatologic Treatments - 2

Chairs: Leon Kircik, Stefano Veraldi, Emel Fetil

The place of Jak inhibitors in atopic dermatitis guidelines in dermatology *Leon Kircik*

Opening hidradenitis suppurativa centers of excellence in hospitals: What can we do? *Angelo Marzano*

Syndromic Hidradenitis Suppurativa *Angelo Marzano*

Topical antifungal-corticosteroid combination therapy for superficial mycoses: Expert results *Stefano Veraldi*

New skin diseases and rare sexually transmitted diseases *Stefano Veraldi*

Future treatments for acne vulgaris *Stefano Veraldi*



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07:00-08:30 ORAL PRESENTATION - 2

Chairs: Nazlı Caf, Mustafa Tümtürk

OP-23, OP-24, OP-10, OP-11, OP-12, OP-13, OP-25, OP-26, OP-28, OP-29, OP-31,
OP-32, OP-33, OP-14, OP-15, OP-16

08:30-10:30 Session: Dermoscopy

Chairs: Ömer Faruk Elmas, Verce Todorovska, Pınar İnandıođlu Kurtuluş

Dermoscopic analyses for scalp dermatitis *Asmahane Souissi*

Inflamscopy; Enhancing the Diagnosis of Clinically
Similar Skin Lesions *Verce Todorovska*

Dermoscopy of palisaded neutrophilic and granulomatous
dermatitis *Tuđba Kevser
Üstünbaş
Uzunçakmak*

Dermoscopy of Inflammatory Genital Diseases: Practical
Insights *Tubanur Çetinarıslan*

Clinical value of dermoscopy in psoriasis *Çiđdem Oba*

Dermoscopy in Monitoring and Predicting Therapeutic
Response in inflammatory Dermatology (atopic dermatitis etc)
Tubanur Çetinarıslan

Utility of Dermoscopy in the Diagnosis of Erythroderma *Çiđdem Oba*

Dermoscopy in Patch Testing *Pelin Eşme*

Dermoscopy of early stage mycosis fungoides *Natalia Salwowska*

UV fluorescence and subUV reflectant dermoscopy for
inflammatory skin disease *Pawel Pietkiewicz*

10:30-11:00 COFFEE BREAK

11:00-12:30 Marcus Maurer Session: Dermato-Allergy - 1

Chairs: Esen Özkaya, Kemal Özyurt

Allergic Contact Dermatitis: Challenging Cases *Esen Özkaya*

Standardization problems in allergic skin test *Cahit Yavuz*

Allergy testing in serious cutaneous drug reactions
harmful or beneficial? *Tunç Özen*

What is new in treatment of pruritus? *Aslan Yürekli*

An update on chronic pruritus: insights and management *Neha Gupta*

Delphi consensus for allergic skin diseases *Mahmut Sami Metin*

How can we open UCARE/ADCARE Centers?
*Natasha Teovska
Mitrevska*

Sodium Lauryl Sulfate; What is problem in dermatology? *Zuhal Metin*

Chlorhexidine allergy. *Sıla Kılıç Sayar*

Pollen allergy; What is new? *Bensu Önentaşçı*

Milk associated with Skin Diseases *Bodo Melnik*

12:30-13:30 LUNCH



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13:30-14:45 Marcus Maurer Session: Dermato-Allergy - 2
Chairs: Oktay Taşkapan, Ragıp Ertaş, Murat Türk

Exercises related food allergies	<i>Burak Yücel</i>
Alcohol and nonsteroidal antiinflammatory drugs associated foods in Allergy	<i>Burak Yücel</i>
Food immunotherapy; Does it work?	<i>Murat Türk</i>
Gradual introduction of allergic foods; egg ladder and other immunotherapies	<i>Murat Türk</i>
Anti-allergic diet; What is new?	<i>Ragıp Ertaş</i>
Anaphylaxis: What is new?	<i>Güzin Özden</i>
Angioedema; How can we approach?	<i>Oktay Taşkapan</i>
Alpha gal syndrome: Is it common?	<i>Ahmet Metin</i>
An era of Psycho and Neuro dermatology: impacts and advances in management	<i>Neha Gupta</i>
Cinnamaldehyde related skin diseases-	<i>Esrarur Ünal</i>
Jewellery associated skin problems	<i>Esrarur Ünal</i>

14:45-16:15 Marcus Maurer Session: Dermato-Allergy - 3
Chairs: Rafet Koca, Zafer Türkoğlu, Serhat İnalöz

Atopic dermatitis and essential fatty acid metabolism.	<i>Bodo Melnik</i>
Atopic dermatitis and the metabolic syndrome.	<i>Ahmet Uğur Atılan</i>
Atopy and alopecia areata; Can we kill 2 birds with one stone?	<i>Rafet Koca</i>
Atopy and cutaneous lymphoma; What is connection?	<i>Caterina Ferrelli</i>
State of the art overview on biologic/small molecule treatment in atopic dermatitis	<i>Zafer Türkoğlu</i>
State of the art overview on biologic/small molecule treatment in urticaria	<i>Zafer Türkoğlu</i>
Treatment emergent anti-drug antibodies in biologic therapy	<i>Ozan Yıldırım</i>
New anti-allergic drugs in dermatology	<i>Özlem Su Küçük</i>
What is new in drug allergies?	<i>Simin Ada</i>
Omalizumab resistance; What is problem?	<i>Özlem Su Küçük</i>
The Use of Bruton's Tyrosine Kinase Inhibitors to Treat Allergic Disorders	<i>Nazlı Caf</i>



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16:15-16:45 COFFEE BREAK

16:45-18:30 Session: General Dermatology

Chairs: Habib Aktaş, Selami Aykut Temiz, Belma Türsen

Bromelain in dermatology	<i>Ömer Kutlu</i>
Methylene blue in dermatology	<i>Habib Aktaş</i>
Antiseptics in dermato-surgery	<i>Amor Khachemoune</i>
Acne, rosacea related skin sensitivity	<i>Jelena Stojkovic Filipovic</i>
Gluten associated skin aging; How can we prevent	<i>Zennure Takçı</i>
Contact sensitivity in aesthetic dermatology	<i>Şükran Sarıgül</i>
Histopathological manifestations in common dermatitis	<i>Yasemin Yuyucu Karabulut</i>
Histopathological clues for bullous allergic dermatoses	<i>Yasemin Yuyucu Karabulut</i>
Atopy related-STIs	<i>Bilal Doğan</i>
Proactive treatments in STIs	<i>Mihael Skerlev</i>
Geriatric Zona; How can we prevent?	<i>Kenan Aydoğan</i>
Small molecules in vitiligo	<i>Abdullah Demirbaş</i>
Genital lesions through the eyes of dermatovenerologist	<i>Oleg Pankratov</i>
Resistant fungal infections; what is best treatment	<i>Nursel Dilek</i>
Basic science of wound healing	<i>Sanan Kerimov</i>
Melasma; An update	<i>Ivana Binic</i>



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07:00-08:00 ORAL PRESENTATION - 3

Chairs: Ayşegül Botsalı, Özgür Gündüz, Ragıp Ertaş

OP-17, OP-18, OP-19, OP-27, OP-37, OP-38, OP-39, OP-40, OP-41, OP-42, OP-43,
OP-44, OP-45, OP-46

08:00-09:30 Clinical-Pathologic Correlation For Skin Malignancies

**Chairs: Amor Khachemoune, Mustafa Atasoy, Necmettin Akdeniz,
Ayşe Serap Karadağ**

Common skin appendageal tumors	Berna Solak
Malignant appendageal skin tumors - clinical-pathologic correlation	Amor Khachemoune
Common lymphoproliferative disorders	Müge Göre Karaali
Skin appendage involvement in mycosis fungoides	Burcu Beksaç
Rare and unusual skin malignancies	Amor Khachemoune
Melanoma staging	Ömer Faruk Elmas
Spitzoid-looking Lesions	Ömer Faruk Elmas
Cutaneous Lymphoma mimicking inflammatory reactions	Necmettin Akdeniz
The importance of Clinico-pathological Correlation in Cutaneous lymphoid infiltration for correct diagnosis	Mustafa Atasoy
Skin appendageal involvement in melanoma	Burcu Beksaç
Clinicopathologic features between different viral epidemic outbreaks involving the skin	Caterina Ferrelli
Skin cancer treatments for dermatologists	Zoran Nedic

09:30-10:00 COFFEE BREAK

10:00-11:20 IJAC (International Jordanian Aesthetic Conference) Session: 1

Chairs: Medhat Abdalmalek, Nazlı Caf, İrem Doğan, Belma Türsen

Cosmetic products storage in aesthetic dermatology (PRP, Btx, Stem cells etc)	Munise Daye
Microtoxin strategy for facial aesthetic, skin lifting and skin quality	Ceyda Çaytemel
Aesthetic Dermatology in inflammatory skin diseases	Banu Ertekin Taşkın
Facial cleansing products in aesthetic dermatology	Gül Şekerlisoy Tatar
Facial Hydration Agents in aesthetic dermatology	İlayda Esna Gülsunay
Syndets; What is new?	Defne Özkoca
Decorative cosmetics in aesthetic dermatology	Demet Akpolat
Antisepsis and disinfection for aesthetic dermatology procedures	Cahit Yavuz
Sonophoresis in aesthetic/clinical dermatology	Ayşe Akman
Acne vaccines; Do they work?	Gözde Emel Gökçek



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11:20-12:55 Aesthetic Dermatology - 2

Chairs: Medhat Abdalmalek, Nazlı Caf, İrem Doğan, Belma Türsen

Complications and Emergency Management of Sedo-analgesia in dermatologic aesthetic procedures	<i>Nihat Müjdat Hökenek</i>
Evidence based treatment of atrophic/hypertrophic scars	<i>Bachar Memet</i>
Sildenafil/Tadalafil uses in dermatology	<i>Pelin Üstüner</i>
Sleep and aging	<i>Ahu Birol</i>
Lifestyle changes for antiaging	<i>Aslı Feride Kaptanoğlu</i>
Emergency and Nonemergency Use of Hyaluronidase in Aesthetic Dermatology	<i>Emel Çalikoğlu</i>
Aesthetic Dermatologic emergencies (Acute allergies)	<i>Meltem Önder</i>
Late onset hypersensitivity reactions in aesthetic dermatology	<i>Didem Kazan</i>
Facial vascular danger zones for filler injections	<i>Nida Kaçar</i>
Pressure alopecias; What is new	<i>Mehmet Melikoğlu</i>

13:00-14:00 LUNCH

14:00-15:40 Aesthetic Dermatology - 3

Chairs: Medhat Abdalmalek, Nazlı Caf, İrem Doğan, Belma Türsen

Can we obtain immortality with exosomes?	<i>Kansu Büyükaşar</i>
Body counturing with Botulinum toxins	<i>Assel Markabaeva</i>
Which botulinum toxins are better?	<i>Filiz Kuşak</i>
Umbilical cord exosome uses in dermatology	<i>Zekai Kutlubay</i>
Fillers, filler degradation and Facial Fat Pads	<i>Pınar İnandoğlu Kurtuluş</i>
Animal derived exosomes for antiaging	<i>Dilek Başaran</i>
Autologous exosome treatment in dermatology	<i>Hüray Hüqül</i>
Polynucleotides in skin care: Regeneration for enhanced skin health and anti-aging	<i>Atula Gupta</i>
HIFU skin tightening and lifting solutions in aesthetic dermatology	<i>Atula Gupta</i>
Microneedling RF and its combination with other modalities for scar management	<i>Atula Gupta</i>
Combination therapies with Exosome in aesthetic dermatology	<i>Sevda Demirbulak</i>
Exosome combination with stem cell therapy	<i>Mustafa Tümtürk</i>
Tactics of using intralesional glucocorticosteroid injection in dermatology and cosmetology	<i>Natalia Kruk</i>
Steroid induced rosacea - what we shouldn't do.	<i>Natalia Kruk</i>

15:40-16:00 CLOSING SPEECH AND LECTURE

Targeting the immune pathways in alopecia areata:	<i>Roxanna Sadoughifar</i>
The role of JAK inhibitors in precision dermatology	<i>Şule Güngör</i>



Organization Secretariat



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