



11TH INDERCOS

International Dermatology and Cosmetology Congress

16 - 19 April 2026



Radisson Blu Şişli Hotel
Türkiye

Geriatric Dermatology
and Cosmetology

PROGRAM

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Geriatric Dermatology
and Cosmetology

International Dermatology and Cosmetology Congress
16 - 19 April 2026 | Radisson Blu Şişli Hotel-İstanbul, Türkiye

ORGANIZING COMMITTEE

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16 April 2026, Thursday

WORKSHOP PROGRAM

This comprehensive educational workshop is designed to provide participants with up-to-date theoretical knowledge and hands-on insights into modern aesthetic dermatology practices. The program brings together experienced experts to share evidence-based approaches, advanced injection techniques, and combination treatment strategies.

10:00-10:45 Layered Mesotherapy Techniques

Ozan Yıldırım

10:45-11:30 Calcium Hydroxyapatite Applications in Aesthetic Dermatology

Nazlı Caf

11:30-11:45 Coffee Break

11:45-12:30 Full-Face Filler Treatment: Facial Analysis, Planning, and Injection Techniques

Mustafa Tümtürk

12:30-13:15 PDLLA-Based Liquid Biostimulation Applications

Mustafa Tümtürk

13:15-13:30 Coffee Break

13:30-14:15 Exosome-Based Regenerative Treatment Applications

Ozan Yıldırım

14:15-15:00 Botulinum Toxin Applications in Aesthetic Dermatology

Defne Özkoca

15:00-15:45 Full-Face Filler Treatment: Assessment, Planning, and Injection Strategy

Nazlı Caf

Program Highlights

- Evidence-based aesthetic treatment protocols
- Full-face assessment and holistic rejuvenation approaches
- Combination therapies and advanced injection techniques
- Practical tips for daily clinical practice



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17 April 2026, Friday

07:00-08:00 ORAL PRESENTATION - 1

Chairs: Habib Aktaş, Nazlı Caf, Mustafa Tümtürk

08:00-08:15 OPENING SPEECH

Ragıp Ertaş, Berna Solak

08:15-09:05 SESSION: INVESTIGATIVE DERMATOLOGY

Chairs: Tamer İrfan Kaya, Aysın Köktürk, Ragıp Ertaş

Aging of the Immune System

Esra Pancar Yüksel

Xerosis cutis in elderly

Işıl Bulur

Sebaceous glands and eccrine gland functions in elderly

Nazlı Caf

Aging changes in hair and nails

Hande Arda

Skin Cancer Epidemics and risk factors in the Elderly;
What is the mechanism?

Serkan Yazici

Adaptogens in dermatology

Özge Zorlu

09:05-09:20 COFFEE BREAK

09:20-10:25 SESSION: PSYCHO-DERMATOLOGY

Chairs: Mohammad Jafferany

The Interface between Geriatrics, Psychiatry and
Dermatology

*Mohammad
Jafferany*

Doctor-Patient Relationship in Geriatric
Psychodermatology

Katlein França

Pharmacologic Management in Geriatric
Psychodermatology

Ayberk Aktaran

Elder abuse in Dermatology

Melek Aslan Kayıran

EKBOM syndrome in the Elderly

Çağla Boyvadoğlu

Allergy and pruritus in the Elderly: A Behavioral Approach

Çağdaş Boyvadoğlu

Geriatric Psoriasis: Psychological Burden and Quality of
Life Implications

*İlayda Esna
Gürsunay*

10:25-10:40 COFFEE BREAK

10:40-11:10 SATELLITE SYMPOSIUM

Ellansé Polycaprolactone Filler

Speaker: Ezgi Özkur

SINCLAIR



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17 April 2026, Friday

11:10-12:40 SESSION: RATIONAL DRUG USES SESSION

Chairs: Habib Aktaş, Mustafa Tunca

Psoriatic arthritis in elderly	Aslı Altaykan Hapa
Geriatric dermatologic comorbidities in psoriasis and atopic dermatitis	Aylin Türel Ermertcan
Pain associated geriatric dermatoses; How can we manage?	Mustafa Tunca
Prevention of sarcopenia/osteoporosis in dermatologic therapy	Abdullah Demirbaş
Rational biologics/small molecules selection for palmoplantar psoriasis in elderly	Özge Akbulak
Rational biologics/small molecules selection for scalp and nail psoriasis in elderly	Gizem Pehlivan Ulutaş
Geriatric pustular psoriasis; Best treatment options for dermatologist	Asude Kara Polat
Anti-IL17 and anti-TNF biologics for HS in elderly	Ceyda Tetik Aydoğdu
Surgical treatments of HS in elderly	Aslı Tatlıparmak
HS Tarda: What is problem?	Neslihan Ögüt

12:40-13:40 LUNCH

13:40-14:30 SESSION: DERMOSCOPY

Chairs: Ömer Faruk Elmas, Verce Todorovska, Serap Öztürkcan

Skin cancer dermoscopy in elderly	Verce Todorovska
Dermoscopy of precancerous skin lesions in elderly	Tuğba Kevser Üstünbaş Uzunçakmak
The importance of Dermoscopy in geriatric age	Sopiko Liluashvili
Dermoscopy in Monitoring and Predicting Therapeutic Response in geriatric skin diseases	Tubanur Çetinarslan
Dermoscopy of mycosis fungoides in elderly	Natalia Salwowska
Recent advances in ultraviolet-induced fluorescence dermatoscopy of skin neoplasms	Pawel Pietkiewicz

14:30-14:45 COFFEE BREAK



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14:45-16:00 SESSION: WHAT IS NEW IN DERMATOLOGIC TREATMENTS - 1

Chairs: Ömer Kutlu, Suzana Ljubojevic, İlkin Zindancı

Topical retinoid uses in geriatric patients

İlkin Zindancı

Jak inhibitors in the geriatric population: Opportunities
and challenges

Suzana Ljubojevic

Vitiligo in elderly

Ulugbek Sabirov

Anti-IL23 uses in elderly

Özge Karstarlı

Anti-IL23s and arthritis

Selen Taner Akbay

Glucagon-like Peptide-1 in Dermatology

Betül Şereflican

Supplements in Androgenetic Alopecia

Ömer Kutlu

Mite and skin allergy

Sıla Kılıç Sayar

Omalizumab in geriatric ages

Özlem Su Küçük

16:00-16:15 SATELLITE SYMPOSIUM

NexHA Filler With the Succinic Acid Advantage

Speaker: Onur Çapkan

mesoestetic®

16:30-16:45 ORAL PRESENTATION - 2

Chairs: Habib Aktaş, Nazlı Caf, Mustafa Tümtürk



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16 - 19 April 2026 | Radisson Blu Şişli Hotel-İstanbul, Türkiye

18 April 2026, Saturday

07:00-08:00 ORAL PRESENTATION - 3

Chairs: Erdiñ Terzi, Esra Kıratlı Nalbant, Ceyda Tetik Aydoğdu

08:00-08:40 SESSION: WHAT IS NEW IN DERMATOLOGIC TREATMENTS - 2

Chairs: Leon Kircik, Rafet Koca

Biologics for allergic skin diseases in elderly *Leon Kircik*

Evaluating anti-IL17 safety and efficacy in geriatric dermatology *Leon Kircik*

Small molecules in geriatric psoriasis *Arzu Kılıç*

Antihistamine uses in geriatric allergy *Rafet Koca*

Alopecia areata: Gut and skin microbiome *Tea Rosovic*

08:40-09:00 COFFEE BREAK

09:00-10:00 DERMATO-ALLERGY - 1

Chairs: Kemal Özyurt, İrem Durusu

Allergic Contact Dermatitis: Challenging in elderly *Habib Aktaş*

Problems in allergic skin test and vaccinations in elderly *Cahit Yavuz*

Diagnostic approach to Pruritus in Geriatric Dermatology with cases *Tinatin Ghibradze*

Geriatric urticaria *Natasha Teovska Mitrevska*

Geriatric vasculitis *İrem Durusu*

Geriatric autoinflammatory diseases and itch *İrem Durusu*

10:00-10:15 COFFEE BREAK

10:15-10:45 SATELLITE SYMPOSIUM

Regenerative Dermatology with microRNA Technology

Speaker: Şeyma Demirci





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10:45-11:45 DERMATO-ALLERGY - 2

Chairs: Oktay Taşkapan, Ragıp Ertaş

Make up and cosmetic risks in elderly	Özlem Akın
Immunotherapy in elderly; Does it work?	Onur Gökalp
Anti-allergic diet; What is new in elderly?	Ragıp Ertaş
Anaphylaxis in elderly	Güzin Özden
Geriatric angioedema; How can we approach?	Oktay Taşkapan
Geriatric psycho and neuro dermatology	Tutku Bulut
Reactive and proactive treatments in geriatric atopic dermatitis	Hediye Eker

11:45-12:45 MEET THE EXPERT SESSION - LUNCH

Chairs: Ümit Türsen, Aslan Yürekli

In the Face of Rising Antifungal Resistance and Prevalence: New-Generation Antifungals and Evolving Standards of Care	Leon Kircik
Resistant superficial fungal diseases in elderly-What can we do?	Asja Prohic
Challenges from Diagnosis to Treatment in Superficial Fungal Infections: New-Generation Antifungals and Rational Therapeutic Approaches in the Era of Resistance	Aslan Yürekli

12:45-13:00 COFFEE BREAK

13:00-14:00 DERMATO-ALLERGY - 3

Chairs: Zafer Türkoğlu, Özlem Su Küçük

Dupilumab uses in geriatric atopic dermatitis	Zafer Türkoğlu
Geriatric atopic dermatitis vs pediatric atopic dermatitis	Ahmet Uğur Atılan
Poor oral health in skin allergies	Simin Ada
Body modifications: Dermatological reactions and risks	Vesna Karanikolic
Ultraprocessed foods and skin diseases	Ralfi Singer
Anti-KIT and anti-TSLP monoclonal antibodies: Are they new hope?	Erhan Ersoy

14:00-14:15 COFFEE BREAK



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14:15-15:35 SESSION: GENERAL DERMATOLOGY

Chairs: Ivana Binic

Emergency contraception for patients taking isotretinoin *Deniz Demirseren*

Geriatric acne and rosacea *Jelena Stojkovic Filipovic*

Zona zoster infection: Problems for cosmetic procedures and skin diseases *Bilal Doğan*

Geriatric melasma and hyperpigmentations *Ivana Binic*

Zona sine herpete: What is new? *Zoran Nedic*

Geriatric anogenital diseases *Irina Smirnova*

Approaches to leg ulcers in elderly *Tamer İrfan Kaya*

Approaches of autoimmune bullous diseases in elderly *A. Razaque Ahmed*

Dermoscopic analyses for scalp diseases in geriatric population *Asmahane Souissi*

15:35-15:50 COFFEE BREAK

15:50-16:20 SATELLITE SYMPOSIUM

Liquid Face and Body Lifting with LANLUMA PLLA

Speaker: Nida Gelincik



16:20-17:40 GERIATRIC SKIN MALIGNANCIES

Chairs: Amor Khachemoune, Burcu Bektaş, Berna Solak

Geriatric mycosis fungoides *Berna Solak*

Dermatosurgery in elderly : Key clinical considerations and safety tips *Amor Khachemoune*

Nail tumors in geriatrics *Müge Göre Karaali*

Geriatric melanoma *Ömer Faruk Elmas*

Rare and unusual skin malignancies in elderly *Amor Khachemoune*

Merkel cell polyomavirus; Mortality risk and role in MCC *Kenan Aydoğan*

The role of the dermatologists in melanoma follow up *Burcu Bektaş*

Existing and emerging cellular therapies for melanoma *Burcu Bektaş*

Dermatopathologic problems in geriatric skin cancers *Yasemin Yuyucu Karabulut*

History of Dermatology *Torello Lotti*

17:40-18:30 ORAL PRESENTATION - 4

Chairs: Erdinç Terzi, Esra Kıratlı Nalbant, Ceyda Tetik Aydoğan



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07:00-08:00 ORAL PRESENTATION - 5

Chairs: Simin Ada, Ayten Ferahbaş, İrem Doğan

08:00-09:30 AESTHETIC DERMATOLOGY/LOGEVITY SESSION - 1

Chairs: Defne Özkoca, Şule Güngör

Nanoemulgel in dermatology	Defne Özkoca
Anti-IL-11 antibody for anti-ageing	Munise Daye
Microtoxin strategy for facial aesthetic in elderly	Ceyda Çaytemel
Unlocking longevity/Biohacking in aesthetic dermatology	Gözde Emel Gökçek
The Science of Radiant Skin	Demet Akpolat
Skin resilience: How can we obtain?	Pelin Üstüner
Proactive treatments for skin antiaging	Aslı Feride Kaptanoğlu
Lifestyle medicine in aesthetic dermatology	Didem Kazan

09:30-09:45 COFFEE BREAK

09:45-11:15 AESTHETIC DERMATOLOGY/LOGEVITY SESSION - 2

Chairs: George Kroumpouzou, Gizem Pinar Sun, Recep Dursun, Assel Markabayeva

Fillers for Hand Rejuvenation	George Kroumpouzou
Minimally Invasive Procedures for Menopause Related Aesthetic Problems	George Kroumpouzou
Unusual Complications from Botulinum Toxin	George Kroumpouzou
Hybrid Filler: Is it Better?	Gizem Pinar Sun
Biologic Lifting and Biofillers	Gizem Pinar Sun
Alopecia Areata: Personalized Treatment Strategies and Real-World Clinical Management	Assel Markabayeva
Exosomes: What is real in 2026	Monika Fida
Which Type Exosomes Are Better and Safe for Antiaging?	Dilek Başaran
Protein and Collagen Supplements in Geriatric Dermatology	Ozan Yıldırım
UV Light: More Than Ever Known	Kansu Büyükaşar



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11:15-12:15 LUNCH

12:15-13:45 AESTHETIC DERMATOLOGY/LOGEVITY SESSION - 3

Chairs: Kansu Büyükaşar, Atula Gupta, Dinara Rysbekova, Habib Aktaş

Polynucleotides in skin care: Regeneration for enhanced skin health and anti-aging in elderly *Atula Gupta*

HIFU and RF solutions in geriatric aesthetic dermatology *Atula Gupta*

Topical brimonidine combination treatments in dermatology *Atula Gupta*

Which cosmetic procedures are contraindicated in patients with CTDs and autoimmune diseases *Habib Aktaş*

Ethics in aesthetic dermatology: Social media, product selling, photograph, parental or individual consent *Mustafa Tümtürk*

NAD plus metformin combination: Is it longevity prescription? *Selami Aykut Temiz*

Blood aging markers for longevity (Methylation ratio etc) *İrem Doğan*

Estrogen, testosterone, vitamin, mineral, antioxidant and probiotics supplement for longevity *Dinara Rysbekova*

Mitochondria transplantation: Is it possible for longevity? *Kansu Büyükaşar*

Therapeutic apheresis for longevity: A promising method to remove microplastics? *Hediye Eker*

Moisturizer plus uses for geriatric longevity *Dilay Baştuğ*

13:45-14:00 COFFEE BREAK

14:00-14:30 CLOSING LECTURES AND SPEECHES

Chairs: Roxanna Sadoughifar, Medhat Abdelmalek

Female Pattern Hair Loss: What We Know, What We Overuse, What We Should Stop *Roxanna Sadoughifar*

History of Geriatric Dermatology *Mustafa Tosun*

The Exosome Effect *Medhat Abdelmalek*

14:30-15:10 ORAL PRESENTATION - 6

Chairs: Simin Ada, Ragıp Ertaş, İrem Doğan



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07:00-08:00 ORAL PRESENTATION - 1

Chairs: Habib Aktaş, Nazlı Caf, Mustafa Tümtürk

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|--------------|--|----------------------------------|
| OP-27 | "Atopsoriasis": Clinical, Histopathological and IgE-Associated Evidence in Pruritus-Dominant Psoriasis | Ayşe Nur Sarıbaş Yıldırım |
| OP-02 | Association between ABO blood groups and vitiligo in Türkiye | Özlem Akın |
| OP-44 | Retrospective Evaluation of the Rate of Positive Hepatitis B, Hepatitis C, HIV, and Latent Tuberculosis Screening Before and During Treatment in Patients Diagnosed with Psoriasis Vulgaris and Receiving Biological Agent Treatment | Gamze Toğaç |
| OP-04 | Clinical, Epidemiological, and Dermoscopic Analysis of Nonmelanoma Skin Cancers: A Single-Center Experience | Gökhan Kaya |
| OP-05 | Psychosocial Impact of Aesthetic Procedures and Quality of Life in Geriatric Female Patients: A Clinical Analysis from a Tertiary State Hospital | Unsal Gulfem |
| OP-06 | An Unusual Case of Erysipeloid Leishmaniasis in Cyprus | Icım Komurcugil Yigit |
| OP-07 | Xanthelasma-like reaction following the injection of biostimulant filler, calcium hydroxylapatite in tear trough area | Sehriyar Nazari |
| OP-14 | Therapeutic Potential of Topical Sirolimus in Multiple Familial Trichoepitheliomas | Semanur Çakır Serinbaş |
| OP-18 | Atypical Fibroxanthoma or Pleomorphic Dermal Sarcoma of the Ear: When Time Matters | Ela Gazal |
| OP-32 | Our Experience with Biologic Agents in Geriatric Patients with Psoriasis | Beste Pakırdaşı |
| OP-28 | Correlation of Disease Activity and Severity with Inflammatory Biomarkers in Vitiligo | Saffet Burak Başak |
| OP-22 | Common Dermatoses in the Geriatric Population, Clinical Features, and Comorbidity Burden: A Single-Center Cross-Sectional Study | Bercem İrem Doğan |



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16:30-16:45 ORAL PRESENTATION - 2

Chairs: Habib Aktaş, Nazlı Caf, Mustafa Tümtürk

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|--------------|---|------------------------------|
| OP-31 | Clinicopathological Correlates of Cutaneous Vasculitis: A Single-Center Analysis of 204 Cases | Cansu Nebioğlu |
| OP-33 | Clinical, Demographic, and Histopathological Characteristics of Spongiotic Dermatoses in Geriatric Patients and Clinicopathological Correlation: A Single-Center Retrospective Analysis | Ayşe Türkmen Dedeoğlu |
| OP-46 | Pigment-induced granulomatous dermatitis following eyebrow microblading mimicking cutaneous sarcoidosis: a dermatopathologic case report | Gizem Fikir |
| OP-30 | Clinicopathological Characteristics of Vesiculobullous Diseases: A Retrospective Analysis of 109 Patients | Esra Polat Yapıcı |



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18 April 2026, Saturday

07:00-08:00 ORAL PRESENTATION - 3

Chairs: Erdinç Terzi, Esra Kıratlı Nalbant, Ceyda Tetik Aydoğdu

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|--------------|--|------------------------------|
| OP-09 | Assessment of Clinical and Sociodemographic Characteristics and Potential Triggers in Patients Diagnosed with Bullous Pemphigoid | Arzu Ferhatosmanoğlu |
| OP-10 | Association Between Serum Vitamin D Levels and Disease Severity in Elderly Patients with Psoriasis | Arzu Ferhatosmanoğlu |
| OP-11 | Evaluation of sun protection habits in geriatric patients with and without skin cancer | Arzu Ferhatosmanoğlu |
| OP-08 | Digital Health Information Use, Trust, and Clinical Impact Among Geriatric Dermatology Patients: A Cross-Sectional Study | Bengisu Meral Ketenci |
| OP-15 | Hereditary Angioedema in the Elderly Population | Leyla Çevirme |
| OP-16 | Pruritus in Geriatric Patients Referred to an Allergy and Immunology Clinic: Clinical Characteristics and Diagnostic Outcomes | Susamber Dik |
| OP-24 | Clinical and Metabolic Factors Associated with Biologic Treatment Response in Psoriasis: A 20-Year Real- World Cohort | Dilay Yerlioglu Ak |
| OP-42 | Sociodemographic and Clinical Characteristics of Patients with Basal Cell Carcinoma: A Descriptive Study | Hazel Ezgi Kaya |



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Chairs: Erdinç Terzi, Esra Kıratlı Nalbant, Ceyda Tetik Aydoğdu

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|--------------|---|--------------------------------|
| OP-17 | Angiolymphoid hyperplasia with eosinophilia: Successful treatment with the Nd:YAG laser | Ilkayaz Aydogdu Zeybek |
| OP-19 | Assessment of the Quality, Accuracy, Reliability, and Content of YouTube Videos on Herpes Zoster Pain | Esra Kıratlı Nalbant |
| OP-20 | Granuloma Annulare: A 15-Year Retrospective Study from a Tertiary Dermatology Center | Mustafa Akyüz |
| OP-23 | Psychological distress and family burden in children with cutaneous warts | Ecem Güreler Sirkeci |
| OP-25 | Title: A Rare Hematological Malignancy Presenting with Cutaneous Involvement: Blastic Plasmacytoid Dendritic Cell Neoplasm | Zeynep Sena Bektas |
| OP-26 | Factors associated with seborrheic keratosis in geriatric patients | Tugba Kevser Uzuncakmak |
| OP-01 | Comparative Effectiveness and Rankings of Pharmacological Treatments of Sjögren's Syndrome: A Systematic Review and Network Meta-Analysis | Sami Salahia |
| OP-29 | Kindler Syndrome Diagnosed in Adulthood: A Case with Biallelic FERMT1 Pathogenic Variants | Mustafa Akın |
| OP-45 | Atopic sensitization in elderly patients: skin prick test positivity and allergen-specific immunoglobulin E levels | Reyhan Sevil Cansunar |



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07:00-08:00 ORAL PRESENTATION - 5

Chairs: Simin Ada, Ragıp Ertaş, İrem Doğan

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|--------------|--|---------------------------|
| OP-03 | Performance of AI Models in Patient Consultation About Botulinum Toxin: A Comparative Analysis | Seçil Yigen İritiş |
| OP-12 | Periocular aesthetic consultation with artificial intelligence: aesthetic advice and counseling from google gemini | İlter İritiş |
| OP-13 | Localized Cervical Morphea Associated with Sjögren's Syndrome: An Unusual Clinical Presentation | Demet Ersivri |
| OP-34 | A Rare Site of Involvement in Metastatic Breast Carcinoma: Scalp Metastasis | Emel Güneş |
| OP-35 | Hirudotherapy-Associated Cutaneous Pseudolymphoma Mimicking Discoid Lupus Erythematosus | Emel Güneş |
| OP-36 | Bullous Pemphigoid Mimicking Wells Syndrome: A Diagnostic Challenge | Eser Merve Görür |
| OP-37 | Sporadic Acrokeratosis Verruciformis of Hopf with Dermoscopic Evaluation: A Rare Case Report | Eren Latifoğlu |
| OP-38 | Chronic and Refractory Tinea Indotineae Successfully Treated with Oral Itraconazole: A Case Report | Eren Latifoğlu |



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14:30-15:10 ORAL PRESENTATION - 6

Chairs: Simin Ada, Ragıp Ertaş, İrem Doğan

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|--------------|--|---------------------------|
| OP-40 | Erosive Pustular Dermatitis of the Scalp: An Underdiagnosed Condition | Eda Beril Süer |
| OP-41 | Beyond the Classic Distribution: Palmar Mechanic's Hands-Like Lesions in Anti-MDA-5-Positive Clinically Amyopathic Dermatomyositis | Hilmi Kılın |
| OP-43 | Evaluation of Corneal and Lens Densitometry in Newly Diagnosed Patients with Psoriasis Using Scheimpflug Imaging | Selami Aykut Temiz |
| OP-47 | A Novel IL36RN Frameshift Mutation in DITRA: Unraveling Immune Network Plasticity Through Sequential Paradoxical Reactions | Furkan Çalicioğlu |
| OP-48 | Knowledge as Therapy in Pediatric and Adult Atopic Dermatitis: An Evaluator-Blinded, 18-Month Randomized Controlled Trial | Furkan Çalicioğlu |



Organization Secretariat



FİĞÜR CONGRESS & ORGANIZATION

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