





# ONLINE CONGRESS

11 - 14 March 2021

Integrative Dermatology and Technology in Dermatology



**PROGRAM** 

www.indercos.org





# 11-14 March 2021 Integrative Dermatology and Technology in Dermatology



11 March Thursday		12 March Friday		13 March Saturday		14 March Sunday	
09:00-09:15	OPENING SPEECH & LECTURE	09:00-09:50	INFECTIVE SKIN DISEASES	09:00-10:10	DERMATOSCOPY SESSION-2	09:00-10:40	SESSION: ADVANCED TECHNOLOGIES IN DERMATOLOGY
09:30-11:10	ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-1	10:05-11:45	INVESTIGATIVE DERMATOLOGY-2	10:25-10:45	TRICHOSCOPY COURSE	10:55-12:25	SESSION: GENERAL DERMATOLOGY 3
11:25-12:45	INVESTIGATIVE DERMATOLOGY-1	12:00-13:00	DEBATABLE TOPICS FOR DERMATOLOGIC THERAPY	11:00-12:00	SESSION: ORPHAN DISEASES IN DERMATOLOGY	12:25-12:55	LUNCH
12:45-13:15	LUNCH	13:00-13:30	LUNCH	12:15-12:45	LUNCH	12:55-14:05	INVESTIGATIVE DERMATOLOGY-3
13:15-14:25	DERMATOSCOPY SESSION-1	13:30-14:50	SESSION: SYSTEMIC TREATMENT IN DERMATOLOGY-1	12:45-14:15	TOPICAL TREATMENT IN DERMATOLOGY	14:20-15:30	DIET AND ALTERNATIVE THERAPY FOR DERMATOLOGIST
14:40-15:40	SATELLITE  UNOVARTIS   Reimagining Medicine	15:05-16:05	SATELLITE Epfizer  Pfizer PFE ilaçları	14:30-15:30	SATELLITE	15:35-16:35	BREAK
15:55-17:35	ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-2	16:20-17:50	ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-3	15:45-16:25	NAIL SURGERY SESSION	16:40-17:20	PSORIASIS
17:50-18:40	SESSION: SUN, LIGHT, VITAMIN D AND THE SKIN	18:05-19:05	SESSION: ALLERGY AND PRURITUS-1	16:40-17:40	PSORIASIS	17:35-18:35	SESSION: PSYCHODERMATOLOGY
18:55-19:25	ATOPIC DERMATITIS	19:20-20:00	DERMATOLOGIC SURGERY SESSION	17:55-18:35	SESSION: UCARE	18:50-19:50	HOW CAN WE TREAT CHALLENGE CASES? (4 DIFFICULT/CHALLENGE CASES)
19:40-21:10	SESSION: PIGMENTATION DISORDERS AND SKIN CANCERS	20:15-21:25	POPULAR	18:50-19:50	SEBACEOUS GLAND DISEASES: DEBATABLE ISSUES FOR DERMATOLOGIST	20:05-20:45	HIGHLIGHTS OF THE CURRENT TOPICAL ANTIBIOTIC GUIDE
				20:05-21:55	ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-4	20:45	CLOSING SPEECH AND LECTURE WHAT'S NEW IN VITILIGO 2020







Integrative Dermatology and Technology in Dermatology

# 11 March Thursday

09:00 - 09:15	OPENING SPEECH & LECTURE  A new era in Integrative Dermatology / Katlein Franca	
09:30 - 11:10	ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-1 Chairs: Pertevniyal Bodamyalı, Sadiye Kuş	
	Survivin in dermatology	Elif Cömert
	Exosoms in dermatology	Sevda Önder
	Microneedling combined procedures in aesthetic dermatology	Mehmet Can Emeksiz
	Inflamm-aging in skin: Update	Sadiye Kuş
	Liquid collagen: Where are we now for dermatology?	Semahat Alp
	Ceramides and skin	Semahat Alp
	Beta-carotene/Astaxanthin/CoenzymeQ10 and dermatology	Seray Külcü Çakmak
	Zinc/Selenium and skin	Deniz Demirseren
	Shock waves in aesthetic dermatology	Pertevniyal Bodamyalı
	HIFEM in aesthetic dermatology	Pertevniyal Bodamyalı
11:25-12:45	INVESTIGATIVE DERMATOLOGY-1 Chairs: Özgür Gündüz, Habibullah Aktaş	
	Mitochondrial DNA and dermatology	Özgür Gündüz
	Aquaporins in dermatology	Özgür Gündüz
	Integrins / HIF1alpha / VEGF / PAI1 in dermatology	Yasemin Yuyucu Karabulut
	Cytokines and chemokines in dermatology	Birgül Özkesici Kurt
	Differences between B and T cells	Seçil Vural
	Nod2: The intestinal gate keeper in dermatology	Büşra Altun Deniz
	Transepidermal elimination in dermatology	Gökşen Ertuğrul
	Nobel Prize of Aziz Sancar and Dermatology	Habibullah Aktaş
12:45-13:00	RATIONAL USES OF MEDICINE	Özgür Gündüz
13:00-13:15	LUNCH	
13:15-14:25	DERMATOSCOPY SESSION-1 Chairs: Mustafa Turhan Şahin, Fezal Özdemir	
	Inflamoscopy: Basics and beyond	Paweł Pietkiewicz
	Dermoscopy in acral lesions	Fezal Özdemir
	Facial pigmented lesions: Make it simple!	Ömer Faruk Elmas
	Dermoscopy in melanoma: What's new?	Tuğba Kevser Uzunçakmak
	Mucoscopy: What we know ?	Mustafa Turhan Şahin
	Dermoscopy in adnexal lesions	Aylin Türel Ermertcan
	Onychoscopy in non-pigmented nail lesions	Herman Mayısoğlu







Integrative Dermatology and Technology in Dermatology

# 11 March Thursday

14:40-15:40	SATELLITE SYMPOSIUM				
	How AWARE are we about chronic urticaria treatment?  Moderators: Emply Mogatürk, Komad Özwert.	S   Reimagining Medicine			
	Moderators: Emek Kocatürk, Kemal Özyurt	5   Kennagining Medicine			
	24-month outcomes from the multicenter observational study AWARE	Marcus Maurer			
	Real world outcomes with omalizumab treatment in CSU from Turkey	Nida Kaçar			
15:55-17:35	ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-2				
	Chairs: Gaye Sarıkan, Filiz Kuşak				
	Face shapes and cosmetical approaches	Gökçe Işıl Kurmuş			
	Off-label uses of HA fillers in aesthetic dermatology	Hilal Gökalp			
	Ageism in aesthetic dermatology	Ayşe Ferzan Aytuğ			
	Diet and aesthetic dermatology	Gaye Sarıkan			
	BDDA: Myths and facts in aesthetic dermatology	Pelin Üstüner			
	Botulinum toxins for nasel area problems	Filiz Kuşak			
	The skin aging exposome	Selda Pelin Kartal			
	Epidemiology of cosmetic procedures in dermatology	Selda Pelin Kartal			
	A Holistic approach to skin aging	Şükran Sarıgül Güdük			
	Periorbital hyperpigmentation: Etiology, medical evaluation and	Filiz Kuşak			
	treatment				
17:50-18:40	SESSION: SUN, LIGHT, VITAMIN D AND THE SKIN Chairs: Işıl İnanır, Mustafa Tunca				
	Sunscreens: What's new?	Işıl Bulur			
	Do sunscreens prevent vitamin D sythesis?	Armağan Kutlay			
	New vitamin D analogues in dermatology	Mustafa Tunca			
	Does phototherapy cause cancer?	Algün Polat Ekinci			
	What's new in phototherapy?	Işıl İnanır			
	Discussion				
18:55-19:25	ATOPIC DERMATITIS				
	Chairs: Marcus Maurer, Kemal Özyurt				
	Type II inflammation and its role in atopic dermatitis and beyond	Marcus Maurer			
	Emerging treatments of atopic dermatitis	Torsten Zuberbier			
	The role of allergens in atopic dermatitis	Maryam Khoshkhui			
19:40-21:10	SESSION: PIGMENTATION DISORDERS AND SKIN CANCERS				
	Chairs: Rafet Koca, Emine Çölgeçen Integrative approaches of vitiligo	Abdullah Demirbaş			
	Integrative approaches of melasma	Emel Hazinedar			
	Integrative approaches of melasma  Integrative approaches of skin cancers	Mahmut Sami Metin			
	Lipoma: Causes, symptoms, diagnosis and treatment	Gözde Emel Gökçek			
	Piezogenic pedal papules: Etiology and treatment	Emine Müge Acar			
	Xanthelasma: What is new?	Gözde Emel Gökçek			
	Bowen disease: Update  Novel modelities in keleid and hypertrophic scars	Aslı Şahin			
	Novel modalities in keloid and hypertrophic scars	Pelin Ertop Doğan			
	Discussion				







Özlem Su Küçük

11 - 14 March 2021

Integrative Dermatology and Technology in Dermatology

# 12 March Friday

09:00-09:50	INFECTIVE SKIN DISEASES Chairs: Bengü Gerçeker Türk, Belkız Uyar	
	COVID-19 and skin	Bengü Gerçeker Türk
	COVID-19 and urticaria	Emek Kocatürk
	Molluscum contagiosum: What's new?	Ayşin Köktürk
	Integrative approaches of superficial fungal infections	Belkız Uyar
	Discussion	
10:05-11:45	INVESTIGATIVE DERMATOLOGY-2 Chairs: Ömer Kutlu, Betül Şereflican	
	Mechanoreceptors in dermatology: An overview	Emin Gündüz
	Skin aging and epigenetics (Anti-aging genes)/SIRT1: As antiaging	Emin Gündüz
	Cellular oxygen sensor systems in skin	Begüm Ünlü
	Follistatin/activin a and skin/hair	Begüm Ünlü
	Biological rhythms in the skin	Pelin Ertop Doğan
	Human 3D skin models	Neslihan Fişek İzci
	ELISA in dermatology	Betül Şereflican
	Free fatty acids in dermatology	Hülya Süslü
	TGF-beta and Dermatology	Ömer Kutlu
	CCR-5 in dermatology	Ömer Kutlu
12:00-13:00	DEBATABLE TOPICS FOR DERMATOLOGIC THERAPY Chair: Arzu Kılıç	
	How long should biologics treatments be used?	Zeynep Topkarcı
	Do biologics cause cancer?	Nida Kaçar
	Whats the new approach for antifungal therapy?	Arzu Kılıç
	If superbugs are monster, how can we prevent them when using antibiotics?	Melek Aslan Kayıran
	Discussion	
13:00-13:30	LUNCH	
13:30-14:50	SESSION: SYSTEMIC TREATMENT IN DERMATOLOGY-1 Chairs: Özlem Su Küçük, Didem Didar Balcı	
	Postmodern treatments in dermatology	Tuğba Özkök Akbulut
	Does metformin really works in dermatology?	Asude Kara Polat
	Adaptive immunotherapy in dermatology	Sibel Doğan
	Immun checkpoint inhibitors and dermatology	Didem Didar Balcı
	EGFR inhibitors and skin	Sezgi Sarıkaya Solak

Dupilumab in dermatology: Indications and adverse events

Discussion







Integrative Dermatology and Technology in Dermatology

# 12 March Friday

15:05-16:05	SATELLITE SYMPOSIUM	Pfizer PFE İlaçları	
	A Comprehensive Approach to Superficial Fungal Infections	<b>P</b> fizer	İlteriş Oğuz Topal
16:20-17:50	ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-3 Chairs: Zehra Aşiran Serdar, Berna Aksoy		
	Periorbital wrinkles: Etiology and treatment	Ž	ehra Aşiran Serdar
	Acoustic waves in aesthetic dermatology		Zahide Eriş
	Low-level laser treatment in dermatology		Zahide Eriş
	Cryolipolysis: What is new?		Hasan Mete Aksoy
	Smoking and skin aging		Berna Aksoy
	Endermologie in aesthetic dermatology		Hasan Mete Aksoy
	Alpha-and beta-hydroxy acids in dermatology		Aslı Tatlıparmak
	Fractional photothermolysis in aesthetic dermatology		Filiz Canpolat
	Hyaluronon and skin		Filiz Canpolat
18:05-19:05	SESSION: ALLERGY AND PRURITUS-1 Chairs: Ümit Şahiner, Oktay Taşkapan		
	Nocturnal pruritus in children		Ümit Şahiner
	Nocturnal pruritus in elder		Oktay Taşkapan
	Integrative approaches of pruritus		Zafer Türkoğlu
	Integrative approaches of urticaria and drug allergy		Murat Türk
	Integrative approaches of atopy		Murat Türk
	Discussion		
19:20-20:00	DERMATOLOGIC SURGERY SESSION Chairs: Emel Fetil, Amor Khachemoune		
	Skin biopsy techniques		Tamer İrfan Kaya
	Advanced surgical suturation techniques in dermatological sur	gery	Eckart Haneke
	Basics of flaps and grafts in dermatological surgery	Α	mor Khachemoune
	Cryosurgery and electrosurgery: Widen your horizon		Tuğrul Dereli
20:15-21:25	POPULAR Chairs: Emel Erdal, Meltem Önder		
	Physician burnout and mental stress in pandemia		Emel Erdal
	Panel or manel/sex discrimination in dermatology congress		Meltem Önder
	Predatory publishing and congress in dermatology		Vildan Manav
	Myths and facts in dermatology		Müge Göre Karaali
	Pioneers in dermatology	ı	Mahmut Can Koska
	Financial toxicity in dermatology		Gonca Saraç
	Discussion		







Integrative Dermatology and Technology in Dermatology

## 13 March Saturday

09:00-10:10	DERMATOSCOPY SESSION-2	
	Chairs: Şirin Yaşar, Ercan Arca	
	Dermoscopy in non-melanoma skin cancers: What's new?	Ercan Arca
	Black, red and green: Siascopy	Ahmet Metin
	Dermoscopy: widen your horizon!	Cüneyt Soyal
	Dermoscopy: A game changer in management of multiple nevi	Gamze Erfan
	Onychoscopy in pigmented nail lesions	Şirin Yaşar
	Dermoscopy in infectious skin diseases	Ersoy Acer
	Discussion	
10:25-10:45	TRICHOSCOPY COURSE	
	Chairs: Ömer Faruk Elmas, Haitham Donia Trichoscpy of patchy alopecia (clues & algorithms)	Haitham Donia
11:00-12:00	SESSION: ORPHAN DISEASES IN DERMATOLOGY	Huithaili Dollia
11.00 12.00	Chairs: Deniz Yücelten, Aslı Kaptanoğlu	
	Syndromes associated with palmoplantar keratoderma	Deniz Yücelten
	Syndromes associated with ichthyosis	Deniz Akkaya
	Orphan drugs in dermatology	Nazan Emiroğlu
	Orphan tests and diagnostic approaches in dermatology	Aslı Kaptanoğlu
	Syndromes associated with hair and nail problems	Aslı Bilgiç
	Discussion	
12:15-12:45	LUNCH	
12:45-14:15	SESSION: TOPICAL TREATMENT IN DERMATOLOGY	
	Chairs: Aslı Hapa, Göknur Kalkan	
	Topical "jump start" therapies in dermatology	Pelin Eşme
	Are they immortality formulas: Resveratrol and rapamycin	Şule Güngör
	Hypericin-the facts about a controversial agent	Gülşen Tükenmez Demirci
	Topical brimonidine in dermatology	Burçe Can
	Vinegar in dermatology	İlteriş Oğuz Topal
	5-FU in dermatology	Esra Ağaoğlu
	Topical timolol and nifedipine in dermatology	Hasan Aksoy
	Topical JAK inhibitors and skin	Aslı Hapa
	Discussion	
14:30-15:30	SATELLITE SYMPOSIUM	
	Görünenin Ötesindeki Güçlü Seçenek Beksar JEL	
	Moderator: Dilek Bayramgürler	illata Time I
		İlkin Zindancı
15.45 16.25	NAII SUDGEDV SESSION	NOBEL Dilek Bayramgürler
15:45-16:25	NAIL SURGERY SESSION	

Chairs: Eckart Haneke, Necmettin Akdeniz

Gülru Erdoğan Ingrown nail: Non-surgical approach Necmettin Akdeniz Ingrown nail: Surgical approach Biopsy in nail disorders: When and how? Fatih Göktay Surgical principles in nail unit tumors Eckart Haneke







Integrative Dermatology and Technology in Dermatology

## 13 March Saturday

Chairs: Sibel Alper, Tomasz Hawro

Psoriasis and itch Tomasz Hawro

Stigmatization in patients with psoriasis Tomasz Hawro Social and psychological impacts of psoriasis Sibel Alper

Psoriasis and alopecia Filiz Topaloğlu Demir

Nail-lacquers in dermatology Mahmut Sami Metin

Discussion

17:55-18:35 SESSION: UCARE

Chairs: Luis Felipe Ensina, Kemal Özyurt

Emerging therapies in urticaria: What's new? Emek Kocatürk Urticaria and comorbidities: What's new? Luis Felipe Ensina Biologic markers in urticaria: What's new? Andaç Salman

Following the latest guideline in 2021: What's new?

18:50-19:50 SEBACEOUS GLAND DISEASES: DEBATABLE ISSUES FOR DERMATOLOGIST

Chairs: Bodo Melnik, Ayşe Serap Karadağ

Which came first? The chicken or the egg?: The rosacea or the Seray Külcü Çakmak

demodex situation

Which is better for HS: The surgery or the medical treatment Algün Polat Ekinci

Is diet important for acne?

What is discussed in 2021 on isotretinoin therapy Ayşe Serap Karadağ

The role of FoxO1-GATA6 signaling in acne pathogenesis and

treatment

Discussion

### 20:05-21:55 **ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-4**

Chairs: Ahu Birol, Ömür Tekeli

Laser, HIFU and RF treatments in hyperhidrosis

Inflammatory skin diseases (psoriasis, acne and seborrhea) and botulinum toxins

Understanding the differences of emollient, moisturizer and

humectant in dermatology

Picosecond lasers in dermatology

Gummy smiles and treatment

Visual loss in aesthetic dermatology

Tears trough problems and fillers

Retaining ligamants of face in aesthetic dermatology

Fat pads of face and aesthetic dermatology

Can we analyse skin aging by blood markers?

Blepharoplasty for dermatologist

Ahu Birol

Bodo Melnik

Ragıp Ertaş

Melike Kibar Öztürk

Sezgi Sarıkaya Solak

Melike Kibar Öztürk

Ömür Tekeli

Hüray Hügül

Hüray Hügül

Hüray Hügül

Filiz Kuşak

Zekai Kutlubay

Mehmet Melikoğlu

Alp Kayıran







Integrative Dermatology and Technology in Dermatology

## 14 March Sunday

09:00-10:40	SESSION: ADVANCED TECHNOLOGIES IN DERMATOLOGY Chairs: Tamer İrfan Kaya, Emin Özlü	
	Simulation models in dermatology education	Emin Özlü
	eHealth technologies in dermatology	Duygu Erdil
	Best dermatology software	Ozan Erdem
	Industry 4.0/5.0 and dermatology	Cahit Yavuz
	Flow-cytometry in dermatology	Emine Müge Acar
	Blue light and skin health	Cahit Yavuz
	Elastography in dermatology	İlkin Zindancı
	Continuous-wave laser hyperthermia in dermatology (thermotherapy)	Abdullah Demirbaş
	Thermography in dermatology	Ozan Erdem
	Confocal, USG, imaging methods in dermatology	Sümeyre Seda Ertekin
10:55-12:25	SESSION: GENERAL DERMATOLOGY-3 Chairs: Aylin Türel Ermertcan, Zennure Takcı	
	Colours in dermatology (white, black, brown, purple, yellow, green, redness)	Aylin Türel Ermertcan
	Diagnostic criteria in dermatology	Ayşenur Botsalı
	Hypo/hyper/absence (A)-conditions in dermatology	Banu Taşkın
	Red scrotum syndrome and male genital dysaesthesia	Amr Abdelhamed
	Jolly roger sign in dermatology	Bachar Memet
	Intestinal bacterial overgrowth in dermatology	Amr Abdelhamed
	Cutibacterium in dermatology	Elif Cömert
	Black box sigs for dermatologic therapies	Zennure Takcı
	Discussion	
12:25-12:55	LUNCH	
12:55-14:05	INVESTIGATIVE DERMATOLOGY-3 Chairs: Emel Bülbül Başkan, Kansu Büyükafşar	
	IGF in dermatology	Ufuk Kavuzlu
	Ghrelin in dermatology	Ufuk Kavuzlu
	Histopathologic features of aesthetic applications on rats	Recep Dursun
	Ultrastructural and histopathological changes after cosmetic procedures in humans	Özge Aşkın
	Microchimerism and skin diseases	Ahmet Metin
	MRGPRX-2 and allergy	Kansu Büyükafşar
	AI in dermatology	Emel Bülbül Başkan



Discussion

Chairs: Torello Lotti

20:45





11 - 14 March 2021

Integrative Dermatology and Technology in Dermatology

14 [	Ma	rch	Sur	nday
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	14 March Sunday	
14:20-15:30	DIET AND ALTERNATIVE THERAPY FOR DERMATOLOGIST Chairs: Erdem Yeşilada, Hilal Kaya Erdoğan	
	Healing plants for skin diseases	Erdem Yeşilada
	Ketogenic diet in dermatology	Emine Ünal
	Do vitamins work for skin diseases?	Hilal Kaya Erdoğan
	Does pyhtotheraphy real or not for skin therapy?	Hatice Kaya Özden
	Discussion	
15:35-16:35	BREAK	
16:40-17:20	PSORIASIS-2 Chairs: Kemal Özyurt, Zafer Türkoğlu	
	When? & which one? Biologics for psoriasis	Leon Kırcık
	Management of difficult to treat psoriasis	Omid Zargari
	Integrative approaches of psoriasis and psoriatic arthritis	Şule Ketenci Ertaş
	Discussion	
17:35-18:35	SESSION: PSYCHODERMATOLOGY Chairs: İlknur Kıvanç Altunay, Mohamad Jafferany	
	How do we look at the skin and read the brain?	Anthony Bewley
	Management approach to psychocutaneous disorders	Mohamad Jafferany
	Tattoo and psychology	Ezgi Özkur
	How liyezon psychiatry works for dermatology?	İlknur Kı <mark>vanç Alt</mark> unay
	Personality disorders in dermatology	Mohamad Jafferany
	Discussion	
18:50-19:50	HOW CAN WE TREAT CHALLENGE CASES? (4 DIFFICULT/CHALLENGE CASES)  Chairs: Serap Öztürkcan, Ayşe Serap Karadağ	
	Bullous diseases	Ayşe Akman
	Psoriasis	Ayşe Serap Karadağ
	Skin cancer	Fatma Pelin Cengiz
	Vasculitis	Sibel Doğan
	Pruritus	Esra Pancar Yüksel
	Discussion	
20:05-20:45	HIGHLIGHTS OF THE CURRENT TOPICAL ANTIBIOTIC GUIDE Chairs: Ayşe Serap Karadağ, Ümit Türsen, Belma Türsen	
	In infection diseases	Göknur Kalkan
	In inflammatory diseases	Andaç Salman
	For cosmetologic and surgical and wounds	Bengü Gerçeker Türk

**CLOSING SPEECH AND LECTURE WHAT'S NEW IN VITILIGO 2020** 







Integrative Dermatology and Technology in Dermatology

## **Organization Secretariat**



## FİGÜR CONGRESS & ORGANIZATION

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