



4th INDERCOS

**Dermatology and Cosmetology Congress
with International Participants**

27 - 30 MARCH, 2019

**HILTON ISTANBUL BOSPHORUS HOTEL
ISTANBUL, TURKEY**

Botanical and Dietary Anti-aging Approaches in Dermatology



Scientific Program



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27 March 2019, Wednesday

Hall 1

08:30 - 08:45 Welcome speeches

Clinical Dermatology

08:45 - 10:00 Psoriasis

Chairs: Omid Zargari, Sibel Alper

08:45 - 09:00 Psoriasis and hidradenitis suppurativa: What they have in common? *Omid Zargari*

09:00 - 09:15 Psoriatic plaque and atheroma plaque. Is it possible to kill two birds with one stone? *Omid Zargari*

09:15 - 09:30 Nail psoriasis: Whats new? *Sibel Alper*

09:30 - 09:45 Integrative approach to psoriasis vulgaris *Milanca Lijubenovici*

09:45 - 10:00 Psoriasis and comorbidities: Links and risks *Erkan Alpsoy*

10:00 - 10:30 Coffee Break

10:30 - 12:00 General Dermatology -1

Chairs: Milos Nikolic, Berna Aksoy

10:30 - 10:45 Hamartomas in dermatology *Berna Aksoy*

10:45 - 10:55 Phantom sign on skin *Aslı Tatlıparmak*

10:55 - 11:10 Doping related skin diseases *Gül Yıldırım*

11:10 - 11:20 Urocanic acid in the skin: A mixed blessing *Aslı Tatlıparmak*

11:20 - 11:35 Treatment of severe forms of alopecia areata in children and adolescents *Milos Nikolic*

11:35 - 11:50 Systemic lupus erythematosus in children and adolescents *Milos Nikolic*

11:50 - 12:00 The metabolic syndrome related skin diseases *Ayşe Serap Karadağ*

12:00 - 13:30 Lunch



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27 March 2019, Wednesday

Hall 1

13:30 - 15:00 Treatment In Dermatology

Chairs: Mehmet Melikoğlu, Zoran Nedic

13:30 - 13:45	Azelaic acid in dermatology	<i>Işıl Bulur</i>
13:45 - 14:00	BCG/PPD/IFN γ release assay in dermatology	<i>Mehmet Melikoğlu</i>
14:00 - 14:15	SADBE/DCP in dermatology	<i>Murat Durdu</i>
14:15 - 14:30	Use of podophyllin (podophyllum resin) and podophyllotoxin in dermatology	<i>Zoran Nedic</i>
14:30 - 14:45	Sirolimus and skin	<i>Salih Levent Çınar</i>
14:45 - 15:00	Lentigo maligna; What's new in the treatment?	<i>Gudula Kirtschig</i>

15:00 - 15:15 Coffee Break

15:15 - 17:00 General Dermatology -2

Chairs: Gamze Erfan, Emel Çalikoğlu

15:15 - 15:30	Skin manifestations of eating disorders and drug addictions	<i>Zeynep Topkarcı</i>
15:30 - 15:45	Technology related skin diseases	<i>Gamze Erfan</i>
15:45 - 16:00	Cutaneous findings in the elderly	<i>Ayşe Ferzan Aytağ</i>
16:00 - 16:15	Patterns of hyperhidrosis and dermatological approaches	<i>Pelin Kuteyla Can</i>
16:15 - 16:30	Gustatory skin problems	<i>Pelin Kuteyla Can</i>
16:30 - 16:45	Turkey's contribution to the dermatology literature	<i>Emel Çalikoğlu</i>
16:45 - 17:00	Sexual abuse: How can we know?	<i>Özalp Ekinci</i>

17:00 - 18:00 Oral Presentation 1



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27 March 2019, Wednesday

Hall 2

Clinical Dermatology

08:45 - 10:00 Pain and Dermatology

Chairs: Pelin Üstüner, Nagihan Sahillioğlu

08:45 - 09:00	Pain related skin diseases	<i>Bachar Memet</i>
09:00 - 09:15	Cephalalgia in alopecia	<i>Bachar Memet</i>
09:15 - 09:30	Paresthesia related skin diseases	<i>Pelin Üstüner</i>
09:30 - 09:45	Neurological itch management	<i>Pelin Üstüner</i>
09:45 - 10:00	Serotonin antagonists, anti-CGRP monoclonal antibodies, cannaboid agonist, opiate antagonists, α - adrenergic agonist and skin	<i>Nagihan Sahillioğlu</i>

10:00 - 10:30 Coffee Break

10:30 - 12:00 General Dermatology -3

Chairs: Kenan Aydoğan, Ivana Binic

10:30 - 10:45	Natural sunlight therapy in dermatology	<i>Kenan Aydoğan</i>
10:45 - 11:00	Colchicine, dapson/ sulphapyridine for skin diseases	<i>Aslı Altaykan Hapa</i>
11:00 - 11:15	Guidelines for the management of vulvodynia	<i>Gudula Kirtschig</i>
11:15 - 11:30	Lichen sclerosus: Symptoms, diagnosis, therapeutic procedures	<i>Gudula Kirtschig</i>
11:30 - 11:45	Hormon replacement therapy in therapy of aging skin	<i>Ivana Binic</i>
11:45 - 12:00	Dermoscopy : What's new?	<i>Mustafa Turhan Şahin</i>

12:00 - 13:30 Lunch



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27 March 2019, Wednesday

Hall 2

13:30 - 15:00 What's New In Dermatology ?

Chairs: Emel Bülbül Başkan, Hok Bing Thio

13:30 - 13:45	Wnt modulation in dermatology	Emel Bülbül Başkan
13:45 - 14:00	DNA methylation in dermatology	Aslı Tatlıparmak
14:00 - 14:15	Ion channels in dermatology	Özgür Gündüz
14:15 - 14:30	Nanotechnology in dermatology	Özgür Gündüz
14:30 - 14:45	Immunosenescence in ageing	Hok Bing Thio
14:45 - 15:00	Microencapsulation technology in dermatology	Eda Tiftikçi

15:00 - 15:15 Coffee Break

15:15 - 17:00 Allergy and Immunology

Chairs: Valentina Broshtilova, Rafet Koca

15:15 - 15:25	Acetylcholine related skin diseases	Erdoğan Terzi
15:25 - 15:35	Adrenaline noradrenaline related skin diseases	Erdoğan Terzi
15:35 - 15:50	Exercises-induced skin diseases	Gül Yıldırım
15:50 - 16:05	Herbal drug interactions and new horizons in dermatology	Ahmet Metin
16:05 - 16:20	Botanical dermatology: Plants and plant products injurious to the skin	Rafet Koca
16:20 - 16:35	Leukotriene receptor antagonists in the treatment of skin diseases	Valentina Broshtilova
16:35 - 16:50	Emergency IVIG management in dermatology	Hilal Gökalp
16:50 - 17:00	Discussion	

17:00 - 18:00 Oral Presentation-2



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28 March 2019, Thursday

Hall 1

08:00 - 08:30 Oral Presentation-3

08:30 - 10:00 Psychodermatology

Chairs: İlknur Kivanç Altunay, Katlein Franca

08:30 - 08:45	Steroid phobia: What can we do?	<i>Hilal Kaya Erdoğan</i>
08:45 - 09:00	Somatoform disorders and treatment options in dermatology (Biofeedback, hypnosis, psychotherapy in dermatology)	<i>Banu Ertekin Taşkın</i>
09:00 - 09:15	The impact of psychosocial stress on healthy skin	<i>Berna Aksoy</i>
09:15 - 09:30	Dysmorphic disorders and Munchausen syndrome in dermatology	<i>İlknur Kivanç Altunay</i>
09:30 - 09:45	Post-finasteride syndrome: What to tell our patients?	<i>Katlein Franca</i>
09:45 - 10:00	Psychobiology for the beginners: Selected concepts for the dermatologists	<i>Torello Lotti</i>

10:00 - 10:15 Coffee Break

10:15 - 10:45 Rational Use Of Medicines (Akılcı İlaç Oturumu)

Chair: Güliden Ersöz

10:15 - 10:30	Staphylococcus aureus eradication therapies	<i>Güliden Ersöz</i>
10:30 - 10:45	Autoimplantation therapy for skin diseases	<i>Emin Özlü</i>

10:45 - 11:30 Satellite Symposium

11:30 - 11:45 Coffee Break



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Hall 1

11:45 - 13:30 Pruritus in All Aspects: Interactive and Integrated Session

Chairs: Marcus Maurer, Sinan Canan

11:45 - 12:00	Chronic pruritus – definition, classification, assessment, impact	Marcus Maurer
12:00 - 12:15	Chronic pruritus – pathomechanisms, mediators, cells and neurophysiology	Sinan Canan
12:15 - 12:30	Itch in chronic urticaria and recurrent angioedema – prevalence, relevance and how to treat	Martin Metz
12:30 - 12:45	Itch in psoriasis, atopic dermatitis, and Beyond – what to know and how to treat?	Tomasz Hawro
12:45 - 13:00	Chronic pruritus due to extracutaneous causes - gastrointestinal, endocrine, nephrology, hematology/oncology and treatment	Ragıp Ertaş
13:00 - 13:15	Current and future treatments for pruritus – targets and compounds	Zekai Halıcı
13:15 - 13:30	Discussion	

13:30 - 14:30 Lunch

14:30 - 16:00 Essential Knowledge About Psoriasis Management Besides Prescribing Some Creams Or Drugs

Chairs: Mustafa Atasoy, Kemal Özyurt

14:30 - 14:45	Psoriasis registries	Kemal Özyurt
14:45 - 15:00	Comorbidities and quality of life of psoriatic disease	Leon Kircik
15:00 - 15:15	Essential laboratory procedures and consultations before and during treatment of psoriasis	Mustafa Atasoy
15:15 - 15:30	Latent tuberculosis, diagnosis and management	Tülin Çağatay
15:30 - 15:45	Long term safety profiles of systemic therapies in psoriasis	Zafer Türkoğlu
15:45 - 16:00	Economical and social burden of psoriasis	Tomasz Hawro

16:00 - 16:30 Coffee Break

16:30 - 18:30 Dermato - Surgery

Chairs: Amor Khachemone, Pelin Koçyiğit

16:30 - 16:45	Injection phobia: What can we do in aesthetic dermatology?	Ömer Faruk Elmas
16:45 - 17:00	Medical gloves for dermatologists	Ömer Faruk Elmas
17:00 - 17:15	Topical anesthetics, nerve blocks and anesthesia of oral mucosa in aesthetic dermatology	Tuğrul Dereli
17:15 - 17:30	Surgical mtyhs in dermatology	Amor Khachemoune
17:30 - 17:45	Nail biopsy: Indications and methods	Pelin Koçyiğit
17:45 - 18:00	Surgical approaches of nail unit tumours	Fatih Göktaş
18:00 - 18:15	Punch and shave excisions in dermatology	Necmettin Akdeniz
18:15 - 18:30	Discussion	

18:30 - 18:45 Oral Presentation-5



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28 March 2019, Thursday

Hall 2

08:00 - 08:30 Oral Presentation-4

08:30 - 10:00 Aesthetic Dermatology -1

Chairs: Ivana Binic, Hilal Gökalp

08:30 - 08:45	Morphological and ethnic differences between men and women for aesthetic procedures	<i>Alev Bobuş</i>
08:45 - 09:00	Guidelines of chemical peel	<i>Ivana Binic</i>
09:00 - 09:15	Aesthetic dermatology in connective tissue diseases	<i>Hilal Gökalp</i>
09:15 - 09:30	Hair loss in elderly women	<i>Wen Chieh Chen</i>
09:30 - 09:45	Estradiol/progesteron related skin diseases	<i>Wen Chieh Chen</i>
09:45 - 10:00	Discussion	

10:00 - 10:15 Coffee Break

10:15 - 11:30 General Dermatology -4

Chairs: Emel Fetil, Valentina Broshtilova

10:15 - 10:30	Silver, glizigen and glutathione treatment in dermatology	<i>Yeşim Akpınar Kara</i>
10:30 - 10:45	Salicylic acid in dermatology	<i>Emel Fetil</i>
10:45 - 11:00	Polyamine metabolism changes in dermatology	<i>Valentina Broshtilova</i>
11:00 - 11:15	Possibilities and prospects for acupuncture in dermatology	<i>Valentina Broshtilova</i>
11:15 - 11:30	Insulin resistance and skin diseases	<i>Meltem Önder</i>

11:30 - 11:45 Coffee Break

11:45 - 13:30 Integrative Dermatology

Chairs: Katlein Franca, Torello Lotti

11:45 - 12:00	Ayurveda, cupping, moxibustion, hirudotherapy for skin diseases	<i>Habibullah Aktaş</i>
12:00 - 12:15	Probiotics and the skin	<i>Katlein Franca</i>
12:15 - 12:30	Herbal oils in dermatology	<i>Ayşin Köktürk</i>
12:30 - 12:45	Natural weapons and strategies for melasma	<i>Milanka Ljubenovica</i>
12:45 - 13:00	Antiviral herbs (echinacea etc) botanical protection against viruses	<i>Ahmet Metin</i>
13:00 - 13:15	Mobile medical apps and online patient programmes in dermatology	<i>Babar Rao</i>
13:15 - 13:30	Is avoiding sun as dangerous as smoking?	<i>Sedat Akdeniz</i>



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28 March 2019, Thursday

Hall 2

13:30 - 14:30 Lunch

14:30 - 16:00 Botulinum Toxins in Dermatology

Chairs: Zekai Kutlubay, Andreas Katsambas

14:30 - 14:45	Botulinum toxin treatment concepts	Zekai Kutlubay
14:45 - 15:00	Body contouring with botulinum toxins	Filiz Kuşak
15:00 - 15:15	Botulinum toxins for facial palsy/asymmetric smile	Filiz Kuşak
15:15 - 15:30	Botulinum toxins: As a pain killer- anti-aging properties-topical botulinum toxins	Hüray Hügül
15:30 - 15:45	Combination therapy of botulinum toxin with other nonsurgical procedures	Hüray Hügül
15:45 - 16:00	Botulinum toxin-a: Mid and lower face, what's new?	Andreas Katsambas

16:00 - 16:30 Coffee Break

16:30 - 18:30 Aesthetic Dermatology -2

Chairs: Pertevniyal Bodamyalı, Assel Markabayeva

16:30 - 16:45	Combination therapy of PRP with other nonsurgical procedures in dermatology	Zahide Eriş
16:45 - 17:00	Combination therapies in aesthetic dermatology how long should we wait?	Recep Dursun
17:00 - 17:15	Same day combination therapies in aesthetic dermatology	Recep Dursun
17:15 - 17:30	Herbal stem cells for anti-aging	Özgür Timurkaynak
17:30 - 17:45	Stromal cells for the face rejuvenation	Assel Markabayeva
17:45 - 18:00	Secrets of fillers	Pertevniyal Bodamyalı
18:00 - 18:15	How to combine injectables with EBDS	Ines Verner
18:15 - 18:30	Skin care and ageing - the 3R concept	Victor Clatici

18:30 - 18:45 Oral Presentation-6



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29 March 2019, Friday

Hall 1

08:00 - 08:30 Oral Presentation-7

08:30 - 10:15 Aesthetic Dermatology -3

Chairs: Assel Markabayeva, Kansu Büyükaşar

08:30 - 08:45	Skin complications of injectable agents	Tuğba Kevser Üstünbaş
08:45 - 09:00	Telomerase activators for antiaging	Kansu Büyükaşar
09:00 - 09:15	New tattoo approaches in dermatology	Zehra Aşiran Serdar
09:15 - 09:30	Ultrasound and skin diseases	Gaye Sarıkan
09:30 - 09:45	Hyperbaric oxygen therapy in dermatology	Burhan Engin
09:45 - 10:00	Hair transplantation in dermatology	Assel Markabayeva
10:00 - 10:15	Assessment of intralesional injection of botulinum toxin for hypertrophic scars	Hasan Mete Aksoy

10:15 - 10:30 Coffee Break

10:30 - 12:00 Sebaceous Gland Diseases And Hormones In Dermatology

Chairs: Bodo Melnik, Ivana Binic

10:30 - 10:45	The role of metabolomics in the pathogenesis of hidradenitis suppurativa	Bodo Melnik
10:45 - 11:00	Acne nutrigenomics	Bodo Melnik
11:00 - 11:15	Oily skin: What can we do?	Aslı Kaptanoğlu
11:15 - 11:30	Propionibacterium in dermatology	Emin Özlü
11:30 - 11:45	Oral contraceptives in dermatology	Wen Chieh Chen
11:45 - 12:00	The importance of testosterone/DHT for skin diseases	Wen Chieh Chen

12:00 - 13:30 Lunch

12:30 - 13:15 Satellite Symposium

Efficacy and safety results of sekukinumab in psoriasis treatment - experiences of Turkey
Kemal Özyurt & Bengü Türk Gerçeker



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29 March 2019, Friday

Hall 1

13:30 - 15:00 Escad / Indercos -1

Chairs: Andreas Katsambas, Ines Verner

13:30 - 13:45	Pharmacological profile of botulinum toxins	<i>Kansu Büyükaşar</i>
13:45 - 14:00	8 Points lift with fillers	<i>Andreas Katsambas</i>
14:00 - 14:15	Lip rejuvenation with 1550Nm ErYag laser	<i>Erçin Özüntürk</i>
14:15 - 14:30	Skin tightening & rejuvenation - what's new?	<i>Ines Verner</i>
14:30 - 14:45	Long pulse NdYag lasers in aesthetic dermatology	<i>Tamer İrfan Kaya</i>
14:45 - 15:00	Holistic approach to antiaging	<i>Aylin Üçcan</i>

15:00 - 15:30 Coffee Break

15:30 - 18:00 Escad / Indercos - 2

Chairs: Andreas Katsambas, Ines Verner

15:30 - 15:45	Nasal filler augmentation: Technical consideration and complications	<i>Tilemachos Anthopoulos</i>
15:45 - 16:00	Combination therapies of injectable fillers for facial soft tissue enhancement with other nonsurgical procedures	<i>Pertevniyal Bodamyalı</i>
16:00 - 16:15	Adipose tissue stem cells and anti-ageing	<i>John Katsantonis</i>
16:15 - 16:30	Pulsed dye laser in aesthetic dermatology	<i>Yasemin Oram</i>
16:30 - 16:45	Full ablative resurfacing: Pros and cons	<i>Konstantin Neamonitos</i>
16:45 - 17:00	Q switched lasers in dermatology	<i>Belma Türsen</i>
17:00 - 17:15	Hair growth stimulation by EBDS	<i>Ines Verner</i>
17:15 - 17:30	FDA approved cosmetical procedures (botulinum toxins, fillers, laser etc)	<i>Ömür Tekeli</i>
17:30 - 17:45	PRP in dermatology: Does it work?	<i>Torello Lotti</i>
17:45 - 18:00	Butterfly Effect and Ageing - where is the link?	<i>Victor Clatici</i>



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29 March 2019, Friday

Hall 2

08:00 - 08:30 Oral Presentation-8

08:30 - 10:15 Diet And Aesthetic Dermatology -4

Chairs: Erçin Özüntürk, Ekrem Civaş

08:30 - 08:45	Acne, psoriasis, autoimmune bullous diseases, skin cancers, systemic medication and diet, gluten in dermatology	<i>Babar Rao</i>
08:45 - 09:00	Biotin, folic acid, and coenzyme Q for skin health	<i>Göknur Kalkan</i>
09:00 - 09:15	Vitamin A/B/C/D in dermatology	<i>Zennure Takcı</i>
09:15 - 09:30	Rejuvenation of skin with lasers	<i>Yasemin Oram</i>
09:30 - 09:45	Laser treatment for vascular lesions	<i>Ekrem Civaş</i>
09:45 - 10:00	Biodermogenesis and endopeel	<i>Erçin Özüntürk</i>
10:00 - 10:15	Complementary medicine for skin cancers	<i>Ömer Kutlu</i>

10:15 - 10:30 Coffee Break

10:30 - 12:00 Investigative Dermatology

Chairs: Hok Bing Thio, Özgür Timurkaynak

10:30 - 10:45	Basic sciences for the clinician; (Epi)genetics	<i>Hok Bing Thio</i>
10:45 - 11:00	Microbiota, immune system and skin	<i>Hok Bing Thio</i>
11:00 - 11:15	Immunotherapy cancer and skin	<i>Hok Bing Thio</i>
11:15 - 11:30	Stem cell modulation in dermatology	<i>Özgür Timurkaynak</i>
11:30 - 11:45	Circadian rhythm and skin diseases	<i>Berna Aksoy</i>
11:45 - 12:00	Autophagy in dermatology	<i>Devrim Gözüaçık</i>

12:00 - 13:30 Lunch



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30 March 2019, Saturday

Hall 1

08:00 - 08:30 Oral Presentation-9

08:30 - 10:00 STD, Sexual Disorders and Forensic Medicine in Dermatology

Chairs: Mihael Skerlev, Süleyman Eserdağ

08:30 - 08:45	Sexual function disorders in dermatology	<i>Aylin Türel Ermertcan</i>
08:45 - 09:00	Skin manifestations in forensic medicine and sexual abuse	<i>Hakan Kar</i>
09:00 - 09:15	STDs related to orosexual contact	<i>Soner Uzun</i>
09:15 - 09:30	The importance of prophylaxis and partner treatments for STDs	<i>Mihael Skerlev</i>
09:30 - 09:45	Surgical and non-surgical managements of women's sexual dysfunctions	<i>Süleyman Eserdağ</i>
09:45 - 10:00	Discussion	

10:00 - 10:15 Coffee Break

10:15 - 12:30 What's New? -2

Chairs: Mustafa Tunca, Amor Khachemoune

10:15 - 10:30	Vibration, sympathectomy and nitrous oxide oxygen analgesia: Do they work in aesthetic dermatology?	<i>Mustafa Tunca</i>
10:30 - 10:45	Topical anti-cholinergics and anti-androgens in dermatology	<i>Betül Şerefliçan</i>
10:45 - 11:00	Amputee problems in dermatology	<i>Ercan Arca</i>
11:00 - 11:15	Egg, nuts and milk in dermatology	<i>Deniz Demirseren</i>
11:15 - 11:30	PDL1, BTK/ITK and proteosome pathways for skin diseases	<i>Ezgi Erdal</i>
11:30 - 11:45	Honey and propolis in dermatology	<i>Amor Khachemoune</i>
11:45 - 12:00	Camellia sinensis, flavonoids and tree tea oil in dermatology	<i>Ufuk Kavuzlu</i>
12:00 - 12:15	Secondary skin manifestations after internal surgery (bariatric surgery, mastectomy)	<i>Cahit Yavuz</i>

12:15 - 12:30 Closing Speech and Lecture

Torello Lotti



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30 March 2019, Saturday

Hall 2

08:00 - 08:30 Oral Presentation-10

08:30 - 10:00 Aesthetic Dermatology - 5

Chairs: Babar Rao, Gaye Sarıkan

08:30 - 08:45	The life cycles and biological end pathways of dermal fillers	<i>Babar Rao</i>
08:45 - 09:00	Treatment of cellulit	<i>Babar Rao</i>
09:00 - 09:15	Is there a right way for treating temporal region with fillers?	<i>Sadiye Kuş</i>
09:15 - 09:30	Filler for periorbital regions	<i>Gaye Sarıkan</i>
09:30 - 09:45	Her synergy in the rejuvenation of the skin	<i>Mario Albini</i>
09:45 - 10:00	IPL in treatment of facial erythema	<i>Zeynep Demirçay</i>

10:00 - 10:15 Coffee Break

10:15 - 12:30 Dermatological Surgery -2

Chairs: Konstantin Neamonitos, Ines Verner

10:15 - 10:30	Blepharoplasty techniques & combination treatments	<i>Konstantin Neamonitos</i>
10:30 - 10:45	Persistent adverse side effects of ha fillers	<i>John Katsantonis</i>
10:45 - 11:00	Aesthetic ear reconstruction for dermatologist	<i>Hasan Mete Aksoy</i>
11:00 - 11:15	Cosmetical camouflage in dermatology	<i>Serap Öztürkcan</i>
11:15 - 11:30	Truths and myths about injectable threads	<i>Tilemachos Anthopoulos</i>
11:30 - 11:45	Ablative fractional Rf -better than lasers? Current & future indications	<i>Ines Verner</i>
11:45 - 12:00	Cosmetical procedures for children	<i>Zennure Takcı</i>
12:00 - 12:15	Lipofilling in periorbital area	<i>Assel Markabayeva</i>

Organization Secretariat



FIGÜR CONGRESS & ORGANIZATION

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