



# 8<sup>th</sup> INDERCOS

*International Dermatology and  
Cosmetology Congress*

09-12 March 2023

Radisson Blu Şişli Hotel - İstanbul, Türkiye



📷 [indercos.congress](https://www.instagram.com/indercos.congress)

✉ [indercos@figur.net](mailto:indercos@figur.net)

🌐 [www.indercos.org](http://www.indercos.org)

**PROGRAM**



# 8<sup>th</sup> INDERCOS

International Dermatology and Cosmetology Congress

09-12 March 2023

Radisson Blu Şişli Hotel - İstanbul, Türkiye



09 MARCH 2023, Thursday

10:30-14:40 **SESSION: DERMOSCOPY COURSE**

**Chairs: Fezal Özdemir, Mustafa Turan Şahin**

Principles in dermatoscopy

Verce Todorovska

Dermatoscopic structures and their histological correlates

Ömer Faruk Elmas

Dermatoscopy of melanoma

Fezal Özdemir

**Discussion**

Sequential digital dermatoscopy: When and how?

Raimond Karls

Dermatoscopy in non melanoma skin cancer

Mustafa Turhan Şahin

Inflammoscopy

Pawel Pietkewicz

**Discussion**

Onychoscopy

Abdullah Demirbaş

Mucoscopy

Cüneyt Soyol

Trichoscopy

Haitam Donia

Entemodermatoscopy

Tuğba Kevser Uzunçakmak

Dermatoscopy in common and specific types of nevi

Ercan Arca

**Discussion**

14:40-16:30 **COFFEE BREAK**

16:30-18:00 **ULTRASOUND-GUIDED AESTHETIC DERMATOLOGY PROCEDURE**

**Chairs: Aslı Tatlıparmak, Feysa Sönmez Topçu**

**AG** Healthcare  
Technology

Overview of facial anatomy

Erdinç Terzi

Ultrasonography basic principles

Feysa Sönmez Topçu

Ultrasonographic views of normal anatomical structures

Aslı Tatlıparmak

Ultrasonographic characters of fillers

Aslı Tatlıparmak

Vascular mapping

Feysa Sönmez Topçu

Ultrasound-guided procedures

Erdinç Terzi

Hands on course

Aslı Tatlıparmak, Fatih Gülşen

18:00-18:30 **Autologous Adipose-Tissue Derived Stromal Vascular Fraction (AD-tSVF) for Aesthetic Dermatology**

Emre Tayfun



# 8<sup>th</sup> INDERCOS

International Dermatology and Cosmetology Congress

09-12 March 2023

Radisson Blu Şişli Hotel - İstanbul, Türkiye



## 10 MARCH 2023, Friday

### 08:00-09:00 ORAL PRESENTATION - 1

**Chairs:** Selami Aykut Temiz, Asude Kara Polat

OP-01, OP-02, OP-03, OP-04, OP-05, OP-06, OP-07, OP-08, OP-09, OP-10

### 09:00-09:30 OPENING SPEECH & LECTURE

**Chairs:** Belma Türsen, Katlein Franca

Advances in psychoneurocutaneous medicine: Exploring non-pharmacological treatments

*Katlein Franca*

The heart and the skin: A cardiodermatology talk

*Rafle Fernandez*

### 09:30-10:20 SESSION: HAIR AND SEBACEOUS GLAND DISEASES

**Chairs:** Ayşe Serap Karadağ, Deniz Yücelten

Acne: Nondrug therapy approach

*Ahu Birol*

Alopecia: Nondrug therapy approach

*Aslı Bilgiç*

HS: Lights and shadows

*Laura Atrozi*

### 10:20-10:35 COFFEE BREAK

### 10:35-11:15 SATELLITE SYMPOSIUM

**The Diagnosis of Scabies and Oral Ivermectin Treatment**

**Moderators:** Ümit Türsen, Ayşe Serap Karadağ

**Speaker:** İlkey Can

## Humanis

### 11:15-12:45 SESSION: GENERAL DERMATOLOGY:

**NON DRUG APPROACHES FOR SKIN DISEASES - 1** *(In Memory of Dr. Ebru Gündüz)*

**Chairs:** Sibel Alper, Algün Polat Ekinci

Cryo-immunotherapy in dermatology: An update

*Paola Pasquali*

Standardizing medical photography

*Paola Pasquali*

Skin diseases in shift workers

*Ayşenur Botsalı*

Chronotherapy in dermatology

*Habib Aktaş*

Teledermatology and dermoscopy: The perfect combination

*Paola Pasquali*

Weight control for skin diseases

*Aylin Türel Ermertcan*

### 12:45-13:30 LUNCH

### 13:30-14:20 SESSION: DERMATO-ALLERGY - 1

**Chairs:** Rafet Koca, Necmettin Akdeniz

Nondrug treatments in allergic skin diseases

*Zafer Türkoğlu*

Urticaria and microorganisms: Myths and facts

*Ragıp Ertaş*

Wet wrap therapy in allergic skin diseases

*Pelin Ertop*

Jak inhibitors and atopy: What is new?

*Rafet Koca*



# 8<sup>th</sup> INDERCOS

International Dermatology and Cosmetology Congress

09-12 March 2023

Radisson Blu Şişli Hotel - İstanbul, Türkiye



10 MARCH 2023, Friday

14:20-15:00 SATELLITE SYMPOSIUM

FROM DIAGNOSIS TO THERAPY MYCOSIS FUNGOIDES

*Moderator: Rafet Koca*

Clinical Diagnosis and Differential Diagnosis in Mycosis Fungoides

*Speaker: Tuğba Atcı*

Treatment and Follow-up & Real Life Experience with Cases in Mycosis Fungoides

*Speaker: Mehmet Melikoğlu*

Discussion



15:00-16:00 SESSION: MYTHS AND FACTS IN DERMATOLOGY

*Chairs: Serap Öztürkcan, İlkin Zindancı*

Acne isotretinoin therapy

*Ivana Binic*

Gluten free diet

*Simin Ada*

PDT for NMSCs: Does it work?

*Laura Atzori*

Diet and inflammatory skin disease

*Gökşen Ertuğrul*

Topical calcineurin inhibitors and cancer risk

*Serap Öztürkcan*

Ivlg treatment in dermatology: Does it work?

*Seray Külcü Çakmak*

16:10-16:30 COFFEE BREAK

16:30-17:30 SESSION: WHAT IS NEW IN BIOLOGICS - 1

*Chairs: İlnur Altunay, Kemal Özyurt*

Biologic treatment response according to HLA types

*Ömer Kutlu*

Real life data of biologics for psoriasis

*Filiz Topaloğlu Demir*

Immunogenicity of biologics

*Zuhal Metin*

Mycosis fungoides: Bexarotene experiences in Turkey

*Mahmut Sami Metin*

DLQI improvements after anti-HS biologics

*Cahit Yavuz*

Comorbidities of Behçet's Disease

*Mehmet Melikoğlu*

17:30-18:00 LECTURE

*Chair: Kemal Özyurt*

What is new in WHA Publishing?

*Torello Lotti*

Tips and tricks for hair transplantation

*Roxanna Sadoughifar*



# 8<sup>th</sup> INDERCOS

International Dermatology and Cosmetology Congress

09-12 March 2023

Radisson Blu Şişli Hotel - İstanbul, Türkiye



## 11 MARCH 2023, Saturday

### 08:30-09:30 ORAL PRESENTATION - 2

*Chairs: Burçe Can Kuru, Seçil Vural*

OP-11, OP-12, OP-13, OP-14, OP-15, OP-16, OP-17, OP-18, OP-19, OP-20

### 09:30-10:30 SESSION: DERMATO-ALLERGY - 2

*Chairs: Oktay Taşkan, Ragıp Ertaş*

Importance of nocturnal moisturizations in allergic skin diseases

*Andaç Salman*

Approaches to the patient with atopic dermatitis

*Oktay Taşkan*

Dupilumab: What is new?

*Yılmaz Ulaş*

Omalizumab: What is new?

*Ragıp Ertaş*

### 10:30-11:00 COFFEE BREAK

### 11:00-11:40 SATELLITE SYMPOSIUM

**FOR YOU FROM YOU:**

**New generation stem cell technology with GCELL**

*Speaker: İrem Hengirmen Acu*



### 11:40-12:30 SESSION: AESTHETIC DERMATOLOGY - 1

*Chairs: Kenan Aydoğan, Şirin Yaşar*

Sclerotherapy and Nd-Yag laser in the removal of vascular changes

*Predrag Stilet*

Offlabel RF uses in aesthetic dermatology

*Meltem Önder*

Fractional laser resurfacing of the skin

*Andrej Petrov*

### 12:30-13:30 LUNCH & WORKSHOP: SVF experience with GCELL new generation stem cell technology Ulaş Güvenç

### 13:30-14:10 SESSION: RATIONAL DRUG USES SESSION (CDC RECOMMENDATIONS)

*Chairs: Belma Türsen, Mihael Skerlev*

Guideline for prevention of surgical site infection

*Amor Khachemoun*

Guidelines and recommendations for HPV infections

*Mihael Skerlev*

CDC recommendations for parasitic skin diseases

*Semahat Alp Erdal*

CDC recommendations for herpes virus infections

*Bilal Doğan*

### 14:10-14:50 SATELLITE SYMPOSIUM

**Evaluation and Preparation of Superior PRP, FAT Grafting and Mechanical SVF by T-LAB For Better Clinical Outcomes**

*Speaker: Timur Veysel Doğruok*





# 8<sup>th</sup> INDERCOS

International Dermatology and Cosmetology Congress

09-12 March 2023

Radisson Blu Şişli Hotel - İstanbul, Türkiye



11 MARCH 2023, Saturday

14:50-16:00 **SESSION: WHAT IS NEW IN BIOLOGICS - 2**

**Chairs: Recep Dursun, Ümit Türsen**

New topicals for psoriasis

Guselkumab

Adalimumab as a treatment of choice - when and how?

Secukinumab

Ixekizumab

Risankizumab

*Emel Bülbül Başkan*

*Serhat İnalöz*

*Monika Fida*

*Fatma Aslı Hapa*

*Nida Kaçar*

*Zeynep Topkarcı*

16:00-16:30 **COFFEE BREAK**

16:30-18:00 **SESSION: GENERAL DERMATOLOGY- 2 (In Memory of Dr. Murat Harbutluoğlu)**

**Chairs: Özlem Su Küçük, Arzu Kılıç**

Personalizing dermatology

The ethics of medical marijuana in dermatology

Drug/medical errors in dermatology

How to increase patient adherence to dermatologic treatment

Imiquimod uses in dermatology

Non-drug treatments in vitiligo

*Burhan Engin*

*Mustafa Tunca*

*Pelin Eşme*

*Pelin Üstüner*

*Zoran Nedic*

*Sanan Kerimov*



# 8<sup>th</sup> INDERCOS

International Dermatology and Cosmetology Congress

09-12 March 2023

Radisson Blu Şişli Hotel - İstanbul, Türkiye



## 12 MARCH 2023, Sunday

### 08:00-09:00 ORAL PRESENTATION - 3

**Chairs:** İlateriş Oğuz Topal, Tuğba Özkök Akbulut

OP-21, OP-22, OP-23, OP-24, OP-25, OP-26, OP-27, OP-28, OP-29, OP-30

### 09:00-10:30 SESSION: AESTHETIC DERMATOLOGY - 2

**Chairs:** Zehra Aşiran Serdar, Gülşen Tükenmez Demirci

Hyaluronic acid applications in dermatology

Sunscreens: FDA regulations, environmental and health impact

Tips and tricks for lower face botulinum toxin injections

Botulinum toxin tricks for upper face

UV, sugar and smoking in skin aging

Danger zones for soft tissue filler injections

Nano- and micro-fat grafts for anti-aging

PRP or PRF: Which one is better?

Şükran Sarıgül Güdük

Zahide Eriş

Filiz Kuşak

Filiz Canpolat

Victor Clatici

Zekai Kutlubay

Şule Güngör

Ayşe Akman Karakaş

### 10:30-10:50 COFFEE BREAK

### 10:50-11:30 COURSE

Sağlık Profesyonelleri İçin 3 Adımda Etkili Sosyal Medya Kullanımı

**Speaker:** Gamze Nurluoğlu

L'ORÉAL

Aktif Kozmetik

### 11:30-12:50 SESSION: AESTHETIC DERMATOLOGY - 3

**Chairs:** Aysin Köktürk, Tamer İrfan Kaya

Ogee curve and aesthetic dermatology

Skin antiaging strategies

Copper and skin health

Off\_label uses of HA fillers in dermatology

The path to a beautiful chin-non-invasive double chin removal

Ultrasonography guided aesthetic dermatology procedures

Sadiye Kuş

Demet Akpolat

Deniz Demirseren

Özgür Gündüz

Medhat Abdelmalek

Aslı Tatlıparmak

### 12:50-13:50 SESSION: AESTHETIC DERMATOLOGY - 4

**Chairs:** Mustafa Atasoy, Gaye Sarıkan

EBD for HPV infections

Tips and tricks for HA filler procedures in face

What's the difference between hot and cold laser-lipolysis

Uses of focused ultrasound therapy in dermatology

Hair follicle stem cells for vitiligo treatment

Belma Türsen

Hüray Hügül

Zennure Takcı

Zehra Aşiran Serdar

Bobur Toirov

### 13:50-14:10 CLOSING SPEECH

**Kemal Özyurt, Ümit Türsen**



**Organization Secretariat**



**FIGÜR CONGRESS & ORGANIZATION**

19 Mayıs Mah. 19 Mayıs Cad. Nova Baran Center No:4 34360 Şişli / İstanbul – Turkey

Phone: +90 212 381 46 00 / Fax: +90 212 258 60 78

E-mail: [indercos@figur.net](mailto:indercos@figur.net)

 [indercos.congress](https://www.instagram.com/indercos.congress)

 [indercos@figur.net](mailto:indercos@figur.net)

 [www.indercos.org](http://www.indercos.org)